

Personal Development Studies: Curriculum Overview (grid) 2024-2025

| Year 7 | | | | | | |
|--|---|--|---|--|--|--|
| Aut 1 | Aut 2 | Spr 1 | | Spr 2 | Sum 1 | Sum 2 |
| Living in the outside world | RSE | Living in the outside world | RSE | Careers | Health and Wellbeing | Health and Wellbeing |
| Rights and responsibilities Rules Democracy Form Rep election | Fair treatment of others Types of bullying What to do | Community (inc school community) | Different types of family/ relationships Gender identity | Why do we work? The world of work Local Market information – key terms and local employers | Healthy body -importance of diet, physical activity and self-care Healthy mind- mental health | Healthy mind- mental health |
| Year 8 | | | | | | |
| Aut 1 | Aut 2 | Spr 1 | Spr 2 | Sum 1 | Sum 2 | |
| Living in the outside world | Health and Wellbeing | Careers | Living in the outside world | RSE | Health and Wellbeing | Living in the outside world |
| Young people and the law Local democracy – the work of the council | Reducing risk online Health and wellbeing Seeking help | Raising aspirations Transition Linking subjects to careers | Children's rights Discrimination Unacceptability of prejudice-based language Protected characteristics | Positive relationships Sexuality and gender consent | Dangers of substances (caffeine, tobacco, alcohol) Vaping | Consumer rights |
| Year 9 | | | | | | |
| Aut 1 | Aut 2 | Spr 1 | Spr 2 | Sum 1 | Sum 2 | |
| Living in the outside world | RSE | Living in the outside world | Careers | Living in the outside world | RSE | Health and Wellbeing |
| The work of the UN Human Rights issues | Delaying early sex Contraception STIs Accessing support | Critical analysis of online content | Transition 2 LMI Planning ahead – post 6 options Linking subjects to careers | Political parties Manifestos How laws are made First Past the Post | Pride month- issues still facing LGBTQ community | Mental health Body image Coping strategies |
| Year 10 | | | | | | |
| Aut 1 | Aut 2 | Spr 1 | Spr 2 | Sum 1 | Sum 2 | |
| Living in the outside world | RSE | Health and Wellbeing | RSE | Living in the outside world | Careers | |
| The UK constitution Voting rights Role of Royal Family Commonwealth | Sex and the law Consent Sharing images Appropriate behaviour How to get help in relationships | Mental health conditions Stress Symptoms and triggers Coping strategies | Sexual harassment Online harassment misogyny Impact of pornography Victim blaming | Crime Gangs Debates on punishments | World of work Preparing for work experience | |