Mental Health Strategy

Woldgate School
Of great merit, character and value

Disclosure by Pupil

Concern raised by Parent/Carer

Concern raised by Staff

Record on Classcharts (Safeguard)

HoS, DSL and Deputy DSL assess concern raised

Lower Level Concern

Higher Level Concern

Stage 1: C&A and Form Tutor Support

C&A to organise and coordinate in-school support, including:

- Form Tutor support and monitoring
- C&A lesson drop-ins
- Referral to School Nurse
- Regular C&A contact with pupil and parents/carers
- Peer Mentor support (if appropriate)
- Referral for ELSA support (if appropriate)
- Wellbeing Action Plan and support leaflets for pupil and parents

If concerns persist

Stage 2: Head of School and DDSL

Head of School and Deputy DSL to contact Front Door and/or external agencies and organise and coordinate in-school and external support, including:

- Form Tutor, C&A and HoS support
- Regular Deputy DSL or Head of School meeting with pupil and parents to review Pupil Care Plan
- Meeting with parents/carers to agree actions and support

Record and monitor.

If concerns persist

Stage 3: SENCO Support

DSL / Deputy DSL to contact Front Door and/or external agencies (if appropriate). SENCO to coordinate in-school support, including:

- SENCO to assess additional needs
- Form Tutor and C&A continue support
- Pupil Care Plan shared with teaching staff
- Meeting with parents/carers to agree actions and support
- Ongoing regular C&A meeting, supported by SENCO, with pupil and parents
- Peer Mentor support (if appropriate)
- Consider Risk Assessment
- Referral for ELSA support (if appropriate)
- Consider referral for possible SEND K for SEMH need

Record and monitor.

Potential Support/Referrals to External Agencies

The following is list of external agencies and charities that can support pupils, parents and schools with mental health matters:

- School Nurse
- Front Door (Early Help and/or Safeguarding Hub)
- East Riding Prevention and Education Team (in school)
- Child Psychological Wellbeing Practitioner (in school)
- Child and Adolescent Mental Health Service (CAMHS)
- Youth and Family Support
- MIND (mind.org.uk)
- Young Minds (youngminds.org.uk)
- Winston's Wish (winstonswish.org)

In all instances, follow the current Keeping Children Safe in Education and WLP Safeguarding and Child Protection Policy