

# Newsletter

ISSUE 385

Of great merit, character & value



## Hard work pays off for Olivia

We are always really impressed at the extent to which our Sixth Form students routinely balance school work with extra-curricular activities in which they participate outside of school and part-time jobs.



**Mrs Smith**  
HEAD OF SIXTH SCHOOL



Participating in activities beyond school and the curriculum is really important to demonstrate the transferable skills that employers are often looking for such as commitment, resilience and respect. All of which are skills demonstrated by Year 12 student Olivia who has recently experienced incredible success at her Karate Club.

Olivia has attended Pocklington Karate Club since 2016, commencing her training at just 7 years old. As a result of this long-term commitment Olivia also trains with the Yorkshire Karate Association. Maintaining any sporting activity for this length of time is incredibly impressive and this is even more so when we consider the difficulties to developing skills posed by COVID. During the pandemic, Olivia continued her training at home and completed lessons on Teams.

Furthermore, in addition to developing her own skills, Olivia is very keen to share her knowledge and experiences and spends several hours each week teaching the lower grades at her club and supporting the Tiger Cubs classes which are aimed at children aged 4 – 7 and who are just starting karate.

However, the benefits of Olivia's commitment to Karate are clearly evident as she has represented her club at competitions throughout the North of England including in Sheffield, South Shields and Darlington. However, perhaps even more impressive is the news that Olivia, alongside her father, graded for her 1st Dan, Black Belt in November. This grading included a rigorous two day assessment. Olivia passed with flying colours and received her Black Belt along with a certificate, club tie, water bottle and mug at an emotional ceremony from the club Sensei.

We routinely hear that Karate is a sport that teaches respect and resilience and these are qualities that Olivia truly embodies and we wish to send her our congratulations and to say how incredibly proud we are.





## Headteacher's Welcome

Over the coming weeks and months our Year 11 pupils and Year 13 students are focussing their time and attention on effective revision strategies, and maintaining their wellbeing. Both are essential to ensure eventual success in the summer exams and will equip our young people with the skills and resilience for their future success.

The key to effective revision and wellbeing is a well-thought through revision plan where subjects and topics for revision are mapped over each day, week and month, to ensure that key topics are prioritised and time is given to hobbies and interests. A 'little and often' approach is best, with 20 minute sessions per subject or topic up to three per evening, interspersed with short breaks to ensure their wellbeing, focus and concentration.

Pupils and students should use a range of effective revision strategies, including creating and recreating mind maps, attempting past exam papers and talking to family members and friends about what they have revised; this last approach is particularly effective, as it ensures pupils and students fully process what they have revised and can articulate their understanding.

Pupils and students can improve their wellbeing by ensuring they have 'downtime' after they have revised each day and they get plenty of good quality sleep, at least eight hours per night, away from screens and mobile phones. A good, healthy and varied diet is essential to wellbeing and improves wellbeing, memory and energy. Eating a healthy breakfast each morning improves pupils and students' ability to concentrate and retain information. Parents and carers can be instrumental in helping pupils and students to maintain good mental health and wellbeing by ensuring that pupils and students follow this advice.





In school, we are putting a range of intervention strategies in place to support our pupils and students to ensure their wellbeing and success. Our teachers and Teaching Assistants ensure that our pupils and students have the knowledge and skills they need to succeed and revise effectively. Our Care & Achievement Coordinators support our pupils and students in school, and maintain a constant communication with parents, pupils and students. We have put in place revision sessions after school on Monday afternoons from 3pm to 4pm for selected pupils to give our pupils further support. We are holding a series of events over the coming weeks for the parents of Year 11 and Year 13 pupils and students, to help prepare both our young people and parents with the best revision and wellbeing strategies.

We know that pupils and students do their best when they are calm, prepared and have good wellbeing. Thank you to parents and carers for everything you are doing to support your child.

**Mr Sloman**  
**HEADTEACHER**

## Key dates

To find out more about upcoming events and visits, please view the [Woldgate School Calendar](#).

- Thursday 6th February: ..... Year 11 NEA Day
- Friday 7th February: ..... Year 11 NEA Day
- Monday 10th February: ..... Year 11 visit to Berlin
- ..... Year 11 Parents' Evening
- Tuesday 11th February: ..... Year 9 visit to Yorkshire Wildlife Park
- Wednesday 12th February: ..... Year 9 visit to Yorkshire Wildlife Park
- ..... An Inspector Calls English theatre visit
- ..... Year 13 Study Skills Evening (6:30pm to 7:30pm)
- Friday 14th February: ..... Year 10 Poet visit and workshops
- ..... Last day of half term

## Holocaust Memorial Day

**Tony and Emily have worked with two classes last week looking at the Holocaust. The pupils looked at two true stories and then were able to write a poem on what they had heard and learnt.**

### Corrie ten Boom

Cornelia "Corrie" ten Boom was a Dutch watchmaker who, along with her family, harbored hundreds of Jews amid the Nazis Holocaust to protect them from arrest during World War 2. It's believed their efforts saved nearly 800 lives. Eventually betrayed by a fellow Dutch citizen, the entire family was imprisoned. However, Corrie survived and told her story in an autobiographical 1971 memoir *The Hiding Place*. Having grown up a devoutly religious family, Corrie also started a worldwide ministry and travelled around the world as a public speaker. She died in April 1983 on her 91st birthday.

### Sophie Scholl and the White Rose

Sophie was a courageous anti-Nazi activist who formed the White Rose during the Second World War. She was a teenage girl from Germany. The White Rose was an underground organisation that distributed leaflets and pamphlets denouncing the Third Reich and their political resistance ultimately led to their arrest and execution by the Nazis in 1943.

This Holocaust Memorial Day marks the 80th anniversary of the liberation of Auschwitz-Birkenau, the largest Nazi concentration camp complex, and the 30th anniversary of the genocide in Bosnia.

80 years on from the liberation of Auschwitz-Birkenau, antisemitism (anti-Jewish hatred) has increased significantly in the UK and globally following the 7 October attacks in Israel by Hamas and the subsequent war in Gaza. Extremists are exploiting the situation to stir up anti-Muslim hatred in the UK. Many UK communities are feeling vulnerable, with hostility and suspicion of others rising. We hope that HMD 2025 can be an opportunity for people to come together, learn both from and about the past, and take actions to make a better future for all.

### Why?



Why such madness?  
The Constance of death and despair,  
Can't there be peace?  
There is no reason for madness

But as the light shows up  
And the madness starts to end,  
Forgiveness comes through,  
There's no more death and despair

With the shake of this hand  
Sadness begins to end  
And love comes through  
To you and to him

**Zac | 7RSA**

## A Sanctuary

A sanctuary for many  
A slither of light amongst murky rivers  
Where serenity and peace prospers  
If only for a second more

**Amelia | 7ROW**

## Holding on

The shadow of nightmare,  
The flicker of courage,  
A blaze of hope,  
Snuffed out by the darkness,

Light shone out,  
Refused to be put out,  
A small lighthouse,  
Guiding through the darkness,

The darkness worked hard to destroy,  
The light seeking a refuge,  
A place of peace,  
A breath of fresh air,

Never, ever, being put out,  
Anchoring dreams,  
Holding on to hope,  
Leading those lost on the journey.

**Maisie Richardson | 7RO**

## The Cost



Yet they're blown away,  
My faith comes first,  
I cannot betray,  
Quite a fright  
Yet hold on to you,  
Who you are  
You cannot lose

Feel your strength  
Hold on to you  
Voices get louder,  
Hold your love, your faith close to you.  
Embrace the light, in moments of dark.

Feel the power  
Of you  
Feel the faith  
Of you.

You can lose the battle,  
But not the war,  
Speak up,

Listening, listening,  
But faith calls harder.

**Elsa | 8KBU**

## You can do it

I can hear the whispers loud,

You can change this.  
You, yes you.

Speak up, be the change.  
Be the change you want to see.  
Be the light in the dark.  
Be the person you dream to be.  
Come on, do it for me.

**Oliver | 8RMG**

Whispers in the wind  
Fear in my veins  
Thoughts in my head  
What will be the cost?

Lies on the page  
Truth in my heart  
What will be the cost?  
What will be the cost?

**Lottie and Amie | 8SPC**

## Faith

Whispers going through my heart and my head,



## Year 9

# Immunisations

Dear Parents and Carers,

The Immunisation Team will be visiting Woldgate School on Tuesday 25th Feb to administer the DTP (Diphtheria, Tetanus, Polio) and MENINGITIS ACWY vaccinations to Year 9 children with consent.

Please go to <https://humber.schoolvaccination.uk/dtp/2024/eastriding>

and complete a consent form online, please do this as soon as possible.

If you do not wish to consent to your child having the vaccinations, then please complete a formal NO consent via the same link.

Information about vaccines can be found via the website links below.

Kind regards

**Avril Charlton**

[www.schoolvaccination.uk](http://www.schoolvaccination.uk)

<https://assets.publishing.service.gov.uk/media/6405e7ae8fa8f527fb67cb6a/UKHSA-12287-immunisations-young-people.pdf>

<https://www.gov.uk/government/publications/hpv-vaccine-vaccination-guide-leaflet>

<https://www.gov.uk/government/publications/immunisations-for-young-people>





# Safeguarding

## Children's Mental Health Week

Next week is Children's Mental Health Week, and with 75% of mental health problems in adult life (excluding dementia) starting by the age of 18 and the rise in mental health concerns in recent times - it's clear that the sooner signs in childhood are spotted, the better. At Woldgate School, our staff understand the signs and behaviours that could point to a child or young person needing support to maintain their mental wellbeing.

In school, our Wellbeing and Attendance team and Care & Achievement team will support your child to ensure they are able to attend school, spend time with friends and make progress. However, it is vital that parents and close family members also understand these signs, so children get the support they need immediately.

If you have urgent concerns about your child's mental health and wellbeing, please speak to your GP or call the Young Minds parents helpline on **0808 802 5544 for advice**. Please also contact your child's Care & Achievement Coordinator to arrange a meeting to discuss how we can support your child in school.

### 'MASK'

'MASK' is a simple acronym to help you remember some of the signs and what to look out for if you've started to feel concerned about your child's mental health.

- M**ood            They get irritable, argumentative or aggressive towards you. They may blame you if things go wrong. They can also become withdrawn
- A**ctions        They may experience changes in eating and sleeping patterns.
- S**ocial          They suddenly appear especially bored, lonely or withdrawn. Losing interest in friends and other things they liked to do or missing school are common warning signs.
- K**eep Talking   Refusing or being reluctant to talk about how they're feeling is common. But keep listening and ask how they are feeling. When they do open up, make sure they know there's someone there who really cares.

## What can I do to help?

Talking to your child is a key part of understanding what they might be going through. The best way to approach this is with a casual conversation – ask them how they are feeling and letting them say what they want to say will help.

The chat doesn't have to go straight into asking about their mental health, it's more about asking about their day and making sure you make the time to listen. The more you talk and listen - the sooner your child will know that they can talk to you when they need to.

Linking a young person to self-help information they can read and use at their own pace will allow them some privacy and the opportunity to do this in their own time.

It is important to encourage a child or young person to look after themselves by eating healthily, getting enough exercise and sleeping well. How they feel physically will have a huge impact on their emotional health.

For more information and advice, visit: [Children's Mental Health Week \(childrensmentalhealthweek.org.uk\)](https://www.childrensmentalhealthweek.org.uk). If you would like more information, or would like support, please do contact us.



# Good Attendance



*Means being in school at least 97% of the time\**

**90%**

19 Days  
Absence

**BELOW MINIMUM** GOVERNMENT THRESHOLD

**YOUR  
ATTENDANCE  
MATTERS**

**93%**

13 Days  
Absence

**VERY LOW**

**95%**

9 Days  
Absence

**LOW**

**97%**

6 Days  
Absence

**GOOD**

**100%**

0 Days  
Absence

**PERFECT**

*\*Across one academic year*

# Rewards

## Rewards for the Week

Our school motto is **'Everything we do should be worthy of great merit, character and value'**, and every day our pupils' efforts, contributions and achievements are recognised with rewards that reflect these values.

Our pupils understand these core values as being the foundation of successful learning, and a successful life, and each of the rewards holds a special significance.

**213,416**

**MERIT**

**30,696**

**CHARACTER**

**16,708**

**VALUE**

**449,525**

**TOTAL**

## Our School Houses

Every pupil belongs to one of our five Houses, representing our local countryside. Pupils can be awarded House points for exceptional contributions to school life, and for participating in House competitions and events, and all rewards contribute to each House reward total.

**163,665**

**HOUSE TOTAL**



**92,059**



**100,862**



**104,015**



**78,929**



**77,786**



# Awards

## Headteacher Awards

The Headteacher Award is given to those exceptional pupils and students who achieve the highest number of rewards in their year group each week.

**The recipients of the Headteachers Awards last week were:**

- Year 7:** Oscar Pullen
- Year 8:** Oliver Golightly
- Year 9:** Freya Sanders
- Year 10:** Yuri Korchaha
- Year 11:** Anya Howard
- Year 12:** Adam Brown
- Year 13:** Joseph North

## Acts of Great Character

The moral qualities that define an individual. For example, demonstrating kindness, offering support or actively engaging with the wider community.

**The pupils with the most Great Character awards last week were:**

- Year 7:** Ayesha Rowell
- Year 8:** Amber Stanhope
- Year 9:** Aiden Walker
- Year 10:** Ben Sissons
- Year 11:** James Giles
- Year 12:** Lily Staveley
- Year 13:** Oscar Rose

## Acts of Great Merit

The quality of being particularly good or worthy, especially deserving of praise or reward. For example, the production of an outstanding piece of classwork, home learning or an outstanding assessment outcome.

**The pupils with the most Great Merit awards last week were:**

- Year 7:** William Jones
- Year 8:** Bella Malthouse
- Year 9:** Hetty Pert
- Year 10:** Sophia Frank
- Year 11:** Evie Lusby
- Year 12:** Theo Dykes
- Year 13:** Chloe Massey

## Acts of Great Value

The principles or standards of conduct we work to; those acts and skills that are valued by our wider society. For instance, the ability to demonstrate emotional intelligence, to communicate effectively or be a leader of a team.

**The pupils with the most Great Value awards last week were:**

- Year 7:** Lacie Dodsworth
- Year 8:** Bella Malthouse
- Year 9:** Austin Beevers
- Year 10:** Kyle Barker
- Year 11:** Finn Dempster
- Year 12:** Adam Brown
- Year 13:** Eleanor Taylor

# Meet our Pupil Care Team



**Care & Achievement  
Coordinator: Year 7**

Mrs F McDonough

fmcdonough@woldgate.net



**Deputy Designated  
Safeguarding Lead**

Mrs C Wright

cwright@woldgate.net



**Care & Achievement  
Coordinator: Year 8**

Mrs S Clark

sclark@woldgate.net



**Attendance Officer**

Mrs R O'Brien

robrien@woldgate.net



**Care & Achievement  
Coordinator: Year 9**

Mrs R Marsden

rmarsden@woldgate.net



**Attendance and Wellbeing**

Mr J Marks  
01759 302395 Option 1  
jmarks@woldgate.net



**Care & Achievement  
Coordinator: Year 10**

Mrs L Cavanagh

lcavanagh@woldgate.net



**Office Manager**

Mrs A Charlton  
01759 302395  
office@woldgate.net



**Care & Achievement  
Coordinator: Year 11**

Mrs S Oliver

soliver@woldgate.net



**Office Assistant**

Mrs V Mills  
01759 302395  
office@woldgate.net



**Care & Achievement  
Coordinator: Sixth Form**

Mrs E Fairhurst  
07790 987137

efairhurst@woldgate.net



**Care & Achievement Coordinator:  
Diabetic Care and First Aid.**

Mrs L Kendra

lkendra@woldgate.net

# Teach with Wonder

## Paid Teaching Internship Programme 2025

£1,275  
Teaching  
Internships  
available  
now!

After an extremely successful internship programme in 2024, we are delighted to once again be able to offer more young people an opportunity to find out why teaching is such an inspirational career choice.

Our internship programme combines professional development, talks from external speakers, a visit to one of our primary schools, planning a trip and of course an opportunity to teach our pupils. You receive dedicated mentorship, support, and training over the three-week period and in your final week, you can choose to teach your very first lesson. It is simply a privilege to see our interns flourish and utterly amazing to see them stand in front of their first class after just three weeks.

In addition to all the great opportunities you will receive during this three-week programme, you will also receive a payment of £1,275.00 funded by the Department for Education.

### Our paid internships are available for people who:

- have a genuine interest in teaching
- have not already accepted a place on an Initial Teacher Training programme
- have not completed a paid internship before
- have (or are working towards completing) a degree or a related degree in mathematics, physics, chemistry, or modern foreign languages (French and Spanish)

### We are recruiting for placements in maths, physics, chemistry and modern foreign languages starting on:

- 9th June 2025 to 27th June 2025
- 23rd June 2025 to 11th July 2025

### Our internships are available at both:

Woldgate School and Sixth Form [www.woldgate.net](http://www.woldgate.net)

and

Longcroft School and Sixth Form [www.longcroftschoo.co.uk](http://www.longcroftschoo.co.uk)



**Wonder**  
Institute of Education  
Educate | Empower | Engage | Enrich

## Recruitment now open!

To register and receive an application pack please contact:

**Victoria Tomlinson**

Wonder Institute of Education

[IOE@WLP.education](mailto:IOE@WLP.education)