

Woldgate School

Of great merit, character & value

Part of the Family



Wonder
Learning Partnership
Educate | Empower | Engage | Enrich

Knowledge Book 2024-25

Name:

Form:

YEAR

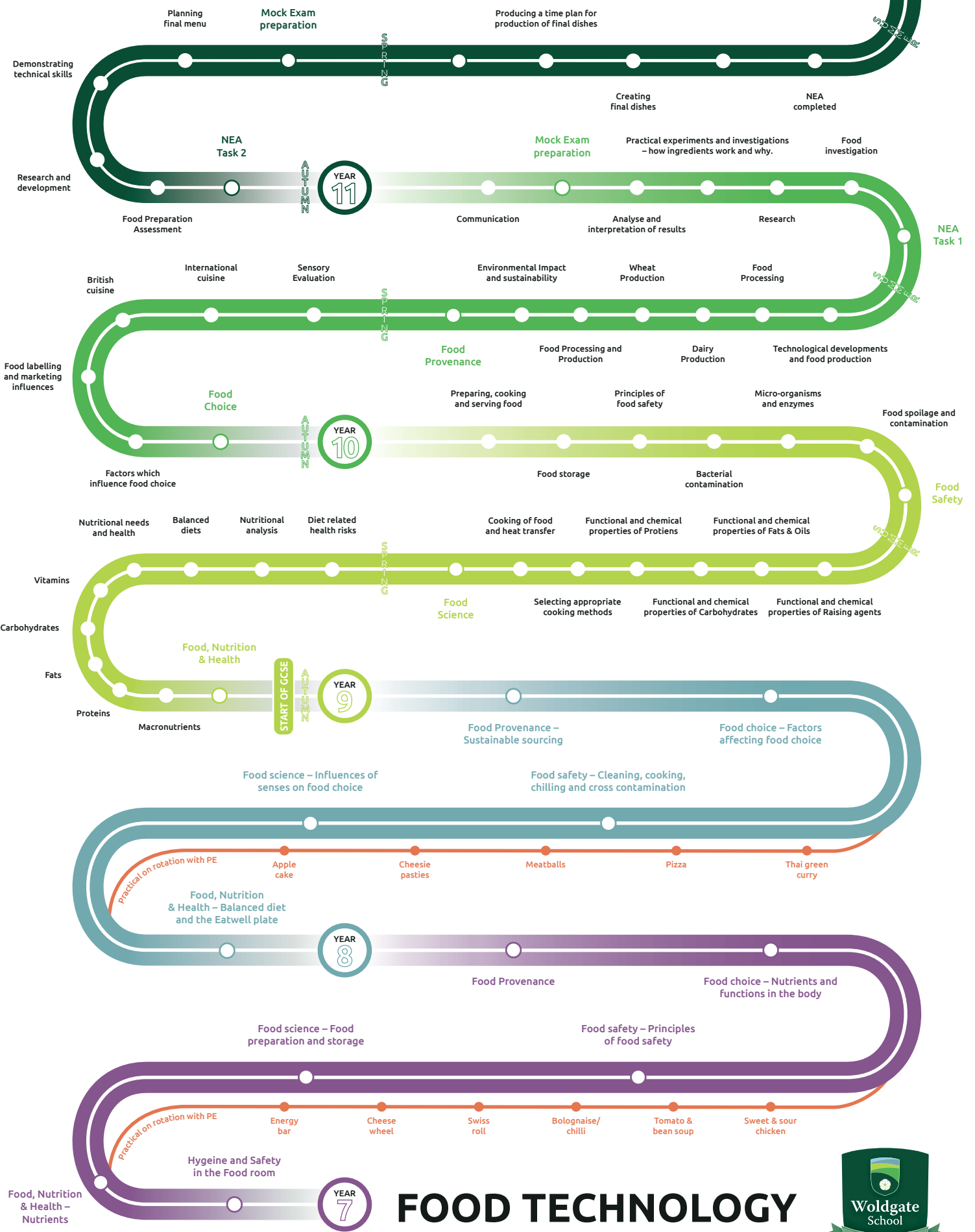
10



GCSE EXAMINATIONS

1x GCSE Examination Paper

Revision of Key Topics



FOOD TECHNOLOGY



Job Roles

Front of House

- Head waiter
- Waiting Staff
- Sommelier
- Maître d'hôte
- Concierge
- Receptionist
- Porter
- Chauffeur

Housekeeping

- Chambermaid
- Cleaner
- Maintenance
- Caretaker

Management

- Hotel
- Food & Beverage
- Restaurant
- Housekeeping
- Marketing

Types of Provision



Commercial



Non-Commercial



Residential



Non-Residential

Types of Service

Food

Table:

- Plate
- Silver
- Banquet
- Family-style
- Gueridon

Counter:

- Cafeteria
- Fast Food
- Buffet

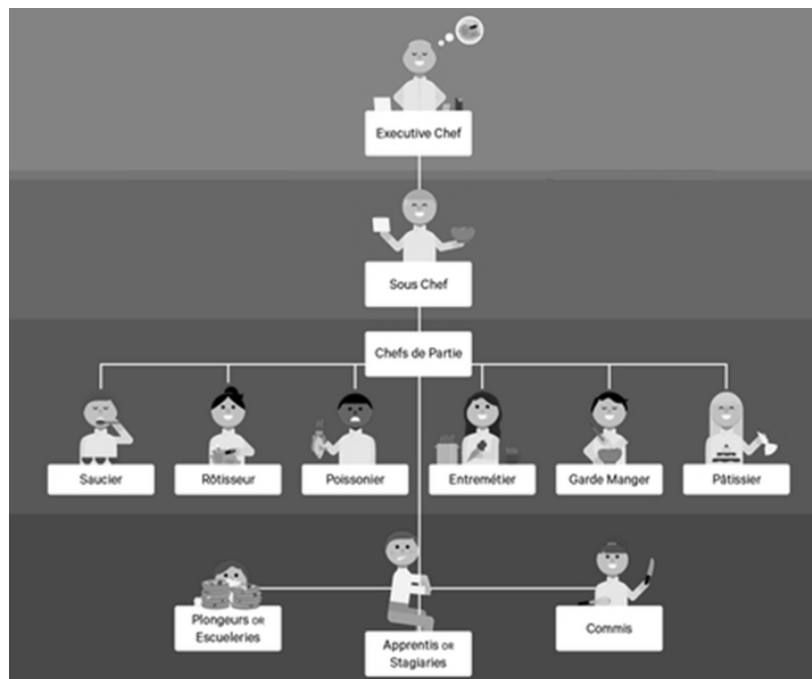
Personal:

- Tray or Trolley
- Home delivery
- Takeaway

Residential

- **Rooms:** single/double/suite/family
- **Hygiene** facilities: en-suite/shared
- **Refreshments:** breakfast/lunch/evening meal; restaurant; room service
- **Leisure:** spa/gym/pool
- **Conference/function** facilities

Kitchen Brigade



Qualifications

KS4

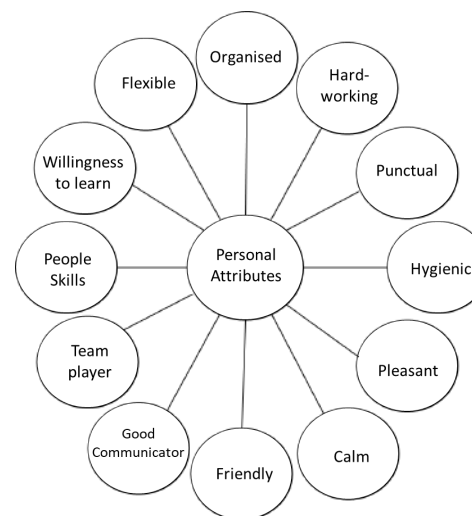
- Level 1/2 vocational award

Post-16

- Certificate in H&C
- Certificate in culinary skills
- Diploma in professional cookery
- Diploma in H&C

University

- BSc/BA degree



Ratings



Contracts

Full-time: set days/times set - entitled to holiday/sick pay

Part-time: same as FT but fewer hours

Casual: usually agency – not entitled to holiday/sick pay

Seasonal: usually Christmas/Summer to suit business need for specific time frame

Zero-hour: no hours or days stated – not entitled to holiday/sick pay

Remuneration

- Salary
- Holiday pay
- Pension
- Sick pay
- Tips
- Bonus



Front of House

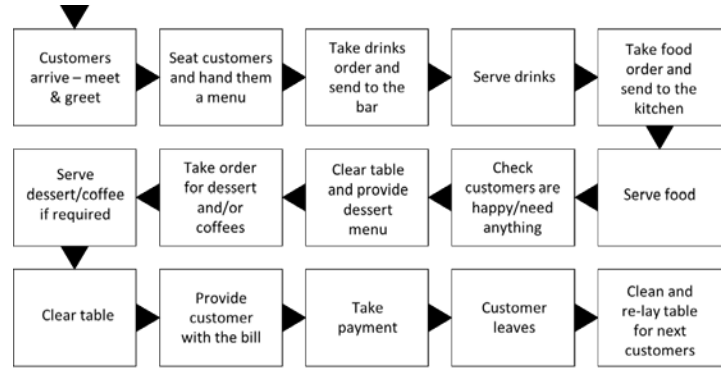
Dress Code



Areas

- Reception
- Lounge/waiting area
- Seating/dining area
- Counter
- Bar
- Equipment stations
- Toilets/Cloakroom
- Stairs/Lifts
- Safety Equipment

Workflow



Back of House

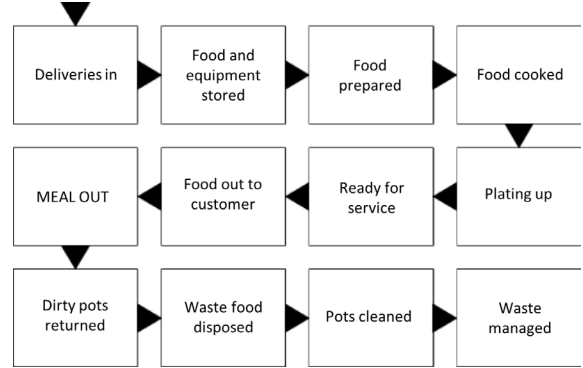
Dress Code



Areas

- Delivery
- Storage
- Staffing
- Preparation
- Cooking
- Serving
- Cleaning
- Waste

Workflow



Documentation

- Accident forms
- Risk Assessments



FACTORS



Media

Printed:

- Posters
- Flyers
- Magazines/newspapers
- Business cards

Broadcast:

- TV
- Radio

Internet:

- Social media
- Websites
- Blogs
- Podcasts
- Email



EQUIPMENT

Large
Storage: walk-in fridge, blast chiller
Preparation: standing floor mixer
Cook: Deep-fat fryer, griddle
Clean: pass-through dishwasher; glass washer

Mechanical
Preparation: blender, weighing scales
Cook: temperature probe
Specialist: pizza oven, coffee machine

Small
Preparation: mixing bowls, chopping boards
Cook: pans, tongs
 baking dish/tray
Serving: plates, glassware

Safety
Cleaning: detergents, cloths, waste bags
Preparation: date labels, foil
Safety: fire extinguisher, first aid box, oven gloves



GCSE EXAMINATIONS

Reading (25%)
Listening (25%)
Writing (25%)
Speaking (25%)

Verbs followed by 'à' or 'de'

Using infinitives as nouns

Verbs that take 'être' in the perfect tense

Talking about travelling

Future career paths

Future plans and hopes

'après avoir' + past participle

'si' clauses

Talking about shopping for clothes

Translating with 'dépuis'

Demonstrative articles: 'ce, cet, cette, ces'

My personal world

using 'en' + present participle

Comparatives and superlatives

Francophone countries

Numbers and percentages

Our planet

Accommodation

The environment

Geography and climate

Environmental problems

The passive voice

Discussing new technologies

Describing your town / village

Using pronoun 'y'

Understanding directions

Your ideal home

My future plans

Opinions on dishes

Talking about earning money

The perfect tense of modal verbs

Festivals

The conditional

Dream holidays

Travel and tourism

YEAR 11

The simple future

Giving advice

Mental health

The partitive article

Food and drink items

Lifestyle and wellbeing

Near future tense

My family and friends

Appearances

Direct object pronouns

Family

My school life

Opinions on school subjects

Discussing school rules

Imperfect past tense

Wide range of negatives

Making plans to go out

Perfect past tense

Weekend routines

Friendship

Role models

Adjectival agreement

Celebrations

School in Francophone countries

Comparative adjectives

Talking about what school used to be like

Forming and answering questions

TV

An active life

The present tense

Media and technology

START OF GCSE

YEAR 10

Combining 3 tenses

Avoir phrases (illnesses)

Il faut (and other obligation phrases)

Negatives

Partitive articles

Manger, boire, prendre

Adjective agreements

Sport

Sport and Health

Revise present tense including irregular 'lire'

Negatives 'ne...Jamais, ne...rien'

Revise Perfect tense - regulars and irregulars

Using 3 tenses together

Cultural Topic (Film)

Adjectival agreements

Comparatives and superlatives

Reflex verbs

Introduce conditional

Revise perfect tense

Forming questions using 'tu'

Digital technology

Films

Reading

Past shopping trip

GNZ - PR - VIVA

Characters

Themes

Descriptions

Relationships

Ideal friend / teacher

Film reviews

TV programmes

Favourite/least favourite celebrities

TV, Cinema and Technology

YEAR 9

New Year

Speciality dishes and ingredients

Food

At the market

Activities

Opinions

Festivals

Festivals

Preposition 'à'

Places in a town

Times of day

Activities in town

Future plans

GNZ - PR - VIVA

Key details - where, who with, what it is like

Past activities

Transport

Theme park visit

Problems

Comparisons

Present tense of 'aller'

Rooms in a house

House types

Countries

Questions

GNZ - PR - VIVA

Weather

Hobbies and free-time activities

Key frequency phrases

Basic negatives

Present tense

Where I live

Present tense

Si clauses with present tense

GNZ - PR - VIVA

Regular Present Tense

Infinitive Structures

Present tense of 'faire' + 'de'

Basic opinions

Key connectives

Present tense of 'jouer' + 'à'

Sports

Free Time

Singular present tense of 'être'

Singular present tense of 'avoir'

Negatives with 'ne...pas'

Adjective agreements (feminine singular)

Possessive adjectives

GNZ - PR - VIVA

School

Grammar: Basic adjectival agreements (plurals)

Qualifiers

Present tense er' verbs

Basic opinions

Key connectives

Definite and indefinite articles

Family members

Name, Age and Birthday

Greetings

Self, Family and Friends

YEAR 7

Singular present tense of 'avoir'

Question words

Self, Family and Friends

GNZ - PR - VIVA

Classroom items and language

School subjects

Clothes and uniform

Colours

School day

Days of the week

School facilities

FRENCH



Y10 French Knowledge Organiser: Module 3 'Ma vie scolaire'

Point de départ 1:

Describing photos:

Décris les personnes (people)		
Sur la photo, il y a	trois / quatre / cinq	personnes / enfants / jeunes.
Il y a	...	garçon(s) et ... fille(s).
Il y a aussi	un professeur / une professeure.	
Un garçon porte	une chemise blanche / un pantalon gris.	
Une fille porte	un short bleu / des baskets noires.	
Ils portent un uniforme scolaire.		

C'est où? (location)	
Ils/Elles sont	au collège / dans une salle de classe / à la cantine / sur le terrain de foot.
À l'arrière-plan, il y a des	tables / ordinateurs / fenêtres / arbres.
Au premier plan, il y a	des élèves / des livres / de la nourriture.

Que font-ils? (activity)	
Les élèves / enfants	travaillent / discutent / mangent / jouent ...
Le/La prof	travaille / discute / mange / joue ...
Un garçon / Une fille	travaille / discute / mange / joue ...

On the photo, there is / are	3 / 4 / 5 people / children / young people.
There is / are	... boy(s) and ... girl(s).
There is / are also	a teacher (m. / f.).
A girl is wearing	Blue shorts / black trainers.
They wear school uniform.	

They are	at school / in a classroom / in the canteen / on the football pitch.
In the background, there are	tables / computers / windows / trees.
In the foreground, there are / is	pupils / books / food.

The pupils / children	are working / are talking / are eating / are playing ...
The teacher / a boy / girl	is working / talking / eating / playing.

1 Quelle est ta matière préférée ?

Which subjects do you like and which subjects don't you like?

<p>Cette année (This year)</p> <p>Depuis un an maintenant (For one year now)</p> <p>En ce moment (At the moment)</p> <p>Pour l'instant (For now)</p>	<p>j'apprends (I am learning)</p> <p>j'étudie (I am studying)</p> <p>je me concentre sur (I am concentrating on)</p> <p>je m'intéresse à /au/aux/ (I am interested in)</p>	<p>l'art dramatique (drama)</p> <p>la chimie (chemistry)</p> <p>le français (French)</p>	<p>l'histoire (history)</p> <p>les maths (maths)</p> <p>la physique (physics)</p>	<p>au collège (in secondary school)</p> <p>au lycée (in the sixth form)</p> <p>à l'école (at school)</p> <p>à l'université (at university)</p>
<p>Ce que j'aime étudier le plus (What I like studying the most)</p> <p>Ce que je préfère étudier (What I prefer studying)</p> <p>Mon cours préféré (My favourite lesson)</p> <p>Ma matière préférée (My favourite subject)</p>	<p>c'est (it is)</p> <p>ce sont (it is (pl))</p>	<p>l'art dramatique (drama)</p> <p>la biologie (biology)</p> <p>la chimie (chemistry)</p> <p>le dessin (art)</p> <p>l'EPS (PE)</p> <p>le français (French)</p> <p>l'histoire (history)</p> <p>la géographie (geography)</p> <p>les maths (maths)</p> <p>la physique (physics)</p> <p>les sciences (science)</p>	<p>à mon avis c'est (in my opinion it is)</p> <p>je pense que c'est (I think that it is)</p> <p>je trouve cela (I find it)</p> <p>assez (quite)</p> <p>plutôt (rather)</p> <p>très (very)</p> <p>vraiment (really)</p>	<p>créatif (creative)</p> <p>divertissant (entertaining)</p> <p>enrichissant (enriching)</p> <p>facile (easy)</p> <p>intéressant (interesting)</p> <p>motivant (motivating)</p> <p>passionnant (exciting)</p> <p>relaxant (relaxing)</p> <p>utile (useful)</p>
<p>Ce dont j'ai horreur (What I hate)</p> <p>Ce que je déteste par dessus tout (What I detest above all)</p> <p>Ce que je n'aime pas du tout (What I don't like at all)</p> <p>Ce que je ne supporte pas (What I can't stand)</p>				<p>compliqué (complicated)</p> <p>difficile (difficult)</p> <p>dur (hard)</p> <p>ennuyeux (boring)</p> <p>inutile (pointless)</p>
<p>J'adore (I love)</p> <p>J'aime (I like)</p> <p>Je m'intéresse à /au/aux/ (I'm interested in)</p>			<p>c'est à mourir d'ennui (it bores you to death)</p>	<p>cela prend trop de temps (it takes up too much time)</p>

What do you think to the teachers in your school?

<p>J'aime (I like) J'aime beaucoup (I really like) Je m'entends bien avec (I get on well with)</p>	<p>mon prof d'allemand (my German teacher) mon prof d'anglais (my English teacher) mon prof d'arts plastiques (my art teacher) mon prof d'espagnol (my Spanish teacher) mon prof d'histoire (my history teacher) mon prof d'informatique (my computing teacher) mon prof de biologie (my biology teacher) mon prof de chimie (my chemistry teacher) mon prof de français (my French teacher) mon prof de géographie (my geography teacher) mon prof de maths (my maths teacher) mon prof de musique (my music teacher) mon prof de sciences (my science teacher)</p>	<p>car (as) étant donné que (given that) parce que (because) vu que (seeing that)</p>	<p>ses cours sont intéressants (his lessons are interesting) ses cours sont ennuyeux (his lessons are boring) il est amusant (he is funny) il est gentil (he is kind) il est intelligent (he is smart) il est intéressant (he is interesting) il est sympa (he is sympathetic) il est très créatif (he is creative) il explique clairement (he explains clearly) il m'aide beaucoup (he helps me a lot) il ne nous donne jamais de devoirs (he never gives us homework) il ne nous donne pas beaucoup de devoirs (he does not give us a lot of homework) il nous fait rire (he makes us laugh)</p>
<p>Je déteste (I hate) Je n'aime pas (I don't like) Je ne m'entends pas bien avec (I don't get on well with)</p>	<p>ma prof d'allemand (my German teacher) ma prof d'anglais (my English teacher) ma prof d'arts plastiques (my art teacher) ma prof d'espagnol (my Spanish teacher) ma prof d'histoire (my history teacher) ma prof d'informatique (my computing teacher) ma prof de biologie (my biology teacher) ma prof de chimie (my chemistry teacher) ma prof de français (my French teacher) ma prof de géographie (my geography teacher) ma prof de maths (my maths teacher) ma prof de musique (my music teacher) ma prof de sciences (my science teacher)</p>	<p>car (as) étant donné qu' (given that) parce qu' (because) vu qu' (seeing that)</p>	<p>elle est amusante (she is funny) elle est gentille (she is kind) elle est intelligente (she is smart) elle est intéressante (she is interesting) elle est sympa (she is sympathetic) elle est très créative (she is creative) elle explique clairement (she explains clearly) elle m'aide beaucoup (she helps me a lot) elle ne nous donne jamais de devoirs (she never gives us homework) elle ne nous donne pas beaucoup de devoirs (she does not give us a lot of homework) elle nous fait rire (she makes us laugh) ses cours sont intéressants (her lessons are interesting) ses cours sont ennuyeux (her lessons are boring)</p>

What is your school like?

<p>Au collège (at school) Dans mon collège (in my school)</p>	<p>il y a (there is/are)</p>	<p>un gymnase (a sports hall) un terrain de sports (a sports field) un terrain de foot (a football pitch) un terrain de basket (a basketball court) un hall (an assembly hall) une piscine (a swimming-pool) une bibliothèque (a library) une cour de récréation (a playground) une salle d'ordinateur (a computer room) une salle de sport (a gym) des laboratoires (labs) des salles de classe (classrooms) des vestiaires (changing rooms) des toilettes (toilets) du harcèlement (bullying) des bons profs (good teachers) trois cents élèves (300 pupils) cinquante professeurs (50 teachers) quatre cours par jour (4 lessons a day) une récréation (a recess) une pause-déjeuner (a lunch break)</p>	<p>mais (but) cependant (however) par contre (to the contrary)</p>	<p>il n'y a pas de (there isn't/aren't any)</p>	<p>gymnase (sports hall) terrain de sports (field) terrain de foot (football pitch) terrain de basket (basketball pitch) hall (assembly hall) piscine (swimming-pool) bibliothèque (library) cour de récréation (playground) salle d'ordinateur (computer room) salle de sport (gym) laboratoires (labs) salles de classe (classrooms) vestiaires (changing rooms) toilettes (toilets) harcèlement (bullying) bons profs (good teachers) récréation (recess) pause-déjeuner (lunch break)</p>
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A typical day at school

**hat
do
you
do**

J'arrive au collège (I arrive at school) Les cours commencent (Lessons start)		à sept heures (at 7)		à huit heures (at 8)		à neuf heures (at 9)		du matin (in the morning)			
Je fais mes devoirs dans la bibliothèque (I do my home work in the library) La pause déjeuner est (Lunch break is) Je vais au club d'échecs (I go to chess club)		à midi (at midday)									
Les cours se terminent (Lessons finish)		Je sors du collège (I leave school)		Je fais des activités periscolaires (I do after school activities)		à une heure (at 1)		à deux heures (at 2)			
à trois heures (at 3)		à quatre heures (at 4)		à cinq heures (at 5)		de l'après-midi (in the afternoon)					
Le (The)	premier (1st)	troisième (3rd)	cours (lesson)	j'ai (I have)	anglais (English)	géographie (geography)	musique (music)	dessin (art)	histoire (history)	sciences (science)	
	deuxième (2nd)	dernier (last)			EPS (PE)	informatique (IT)	théâtre (drama)	français (French)	maths (maths)	technologie (technology)	
je dois (I must)		on doit (one must)		il faut (it's necessary)		faire la queue à la cantine (to queue up in the canteen)		lever la main avant de parler (to raise the hand before speaking)		porter l'uniforme scolaire (to wear the school uniform)	
je peux (I can)		on peut (one can)		mâcher du chewing gum (to chew chewing gum)		porter du maquillage / porter de maquillage (to wear make-up)					
je ne dois pas (I mustn't)		on ne doit pas (one mustn't)		manger dans les salles de classe (to eat in the classrooms)		aller aux toilettes pendant les cours (to go to the toilet during lessons)					
je ne peux pas (I can't)		on ne peut pas (one can't)		fumer (smoke)		utiliser le portable (to use the mobile phone)					
Dans mon collège (At my school)											

What do you do during break / lunch time?

D'habitude (usually) Normalement (normally) Quelquefois (sometimes) Tous les jours (everyday) Deux fois par semaine (twice a week)		je mange à la cantine (I eat in the canteen) je travaille à la bibliothèque (I work in the library) je parle avec mes amis (I speak to my friends) j'écoute le professeur (I listen to the teacher) je joue au foot (I play football) j'utilise mon portable (I use my phone) je fais mes devoirs (I do my homework) je fais des recherches (I do research)		je ne mange pas à la cantine (I don't eat in the canteen) je ne travaille pas à la bibliothèque (I don't work in the library) je ne parle jamais avec mes amis (I never speak to my friends) je n'écoute jamais le professeur (I never listen to the teacher) je ne joue plus au foot (I don't play football anymore) je n'utilise plus mon portable (I don't use my phone anymore) je ne fais pas mes devoirs (I don't do my homework) je ne fais jamais de recherches (I never do research)	
		nous mangeons à la cantine (we eat in the canteen) nous travaillons à la bibliothèque (we work in the library) nous parlons avec nos amis (we speak to our friends) nous écoutons le professeur (we listen to the teacher) nous jouons au foot (we play football) nous utilisons notre portable (we use our phone) nous faisons mes devoirs (we do my homework) nous faisons des recherches (we do research)		nous ne mangeons pas à la cantine (we don't eat in the canteen) nous ne travaillons pas à la bibliothèque (we don't work in the library) nous ne parlons jamais avec nos amis (we never speak to our friends) nous n'écoutons jamais le professeur (we never listen to the teacher) nous ne jouons plus au foot (we don't play football anymore) nous n'utilisons plus notre portable (we don't use our phone anymore) nous ne faisons pas nos devoirs (we don't do our homework) nous ne faisons pas de recherches (we don't do research)	
		mais (but) cependant (however) en revanche (however) par contre (on the other hand)			

Comparing the school day:

Ici, Chez nous, Dans mon collège,	la journée scolaire est plus courte la pause-déjeuner est plus longue	qu'au Canada. qu'au Sénégal. qu'en France. qu'à la Martinique.
	les cours commencent à ... et finissent à ...	
Au Canada, Au Sénégal, En France, À la Martinique,	ils ont cours le samedi ils n'ont pas cours le mercredi après-midi les cours commencent à ... et finissent à ...	et je trouve ça important/intéressant/utile.

Here, At ours, In my school,	the school day is shorter the lunchbreak is longer	than in Canada. than in Senegal. than in France. than in Martinique.
	the lessons start at ... and finish at ...	
In Canada, In Senegal, In France, In Martinique,	they have lessons on Saturdays theyb don't have lessons on Wednesday afternoons lessons start at ... and finish at ...	and I find that important / interesting / useful.

En Angleterre (in England) En Écosse (in Scotland) En Irlande du Nord (in Northern Ireland) Au pays de Galles (in Wales)	on va à l'école de ... ans à ... ans (we go to school from ... to ...years old) on commence la journée scolaire à (we start the school day at...) on termine la journée scolaire à... (we end the school day at...) on apporte notre propre déjeuner (we bring our own lunch) on porte un uniforme scolaire (we wear a school uniform) on n'achète pas nos propres cahiers (we don't buy our own exercise books) on ne redouble pas (we don't repeat the year) on étudie... (we study...) on n'étudie pas... (we don't study ...)	mais (but) pourtant (however) cependant (meanwhile) néanmoins (nevertheless) en revanche (on the other hand) tandis qu' (while) alors qu' (whereas) quoi qu' (even though)	en France (in France) à Monaco (in Monaco) au Cameroun (in Cameroon) en Belgique (in Belgium)	ils/elles vont à l'école de ... ans à ... ans (they go to school from ... to ...years old) ils/elles commencent la journée scolaire à... (they start the school day at...) ils/elles terminent la journée scolaire à... (they end the school day at...) ils/elles n'apportent pas leur propre déjeuner (they don't bring their own lunch) ils/elles ne portent pas d'uniforme scolaire (they don't wear a school uniform) ils/elles achètent leurs propres cahiers (they buy their own exercise books) ils/elles redoublent (they repeat the year) ils/elles étudient (they study) ils/elles n' étudient pas ... (they don't study ...)
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2 C'est injuste

The rules in your school

il faut (you must) il est nécessaire de (it is necessary to) on peut (you can)	être à l'heure (be on time) porter l'uniforme scolaire (wear a school uniform)			
il est interdit de/d' (it is forbidden to) il ne faut pas (you must not) on ne peut pas (you can not)	être en retard (to be late) mâcher du chewing-gum (chew chewing gum) manquer les cours (miss lessons) utiliser son portable en classe (use your phone) porter des bijoux (wear jewellery) porter des piercings (wear piercings) porter trop de maquillage (wear too much makeup) harceler d'autres élèves (harass other students) tricher pendant un contrôle (cheat during a test) sortir de l'école pendant l'heure du déjeuner (leave school during lunch)	je trouve ça (I find it) je pense que c'est (I think that it's) à mon avis, c'est (in my opinion, it's)	raisonnable (reasonable) juste (fair) logique (logical) injuste (unfair) ridicule (ridiculous) frustrant (frustrating)	car c'est dangereux (because it's dangerous) parce que ce n'est pas dangereux (because it's not dangerous) parce qu'il faut protéger les jeunes (because you must protect young people) parce qu'on n'est pas des bébés (because we are not babies) parce qu'il faut respecter les autres (because you must respect others) car la mode n'a pas de place à l'école (because fashion doesn't have a place in school) parce que ce n'est pas important (because it's not important) car l'école, c'est pour apprendre (because school is for learning)

Quel est ton avis sur les règles?

À mon avis, Je pense que	c'est	un peu assez très trop	important	parce que parce qu' car	c'est important pour les examens.
			juste		c'est essentiel pour le travail scolaire.
			injuste		il faut respecter les autres.
			nul stupide strict / sévère		l'uniforme scolaire (n')est (pas) confortable / pratique. j'ai des problèmes avec le bus. j'ai toujours faim en classe.

What is your opinion on the rules?

In my opinion, I think that	it is	a bit quite very too	important	because	it is important for exams.
			fair		it is essential for school work.
			unfair		it is necessary to respect others.
			rubbish stupid strict		school uniform is (not) comfortable / practical. I have problems with the bus. I am always hungry in class.

To talk about rules, use:

il faut + infinitive
Il faut porter l'uniforme scolaire.
You have to wear school uniform.

il ne faut pas + infinitive
Il ne faut pas arriver en retard.
You must not arrive late.

il est + adjective + de + infinitive
Il est interdit de manger en classe.
It is forbidden to eat in class.
Il est important de faire ses devoirs.
It is important to do your homework.

School Uniform

<p>Dans mon collège il faut porter (in my college we have to wear)</p> <p>Dans mon collège nous avons (in my college we have)</p> <p>Dans mon collège je dois porter (I have to wear)</p>	<p>un sweat (a sweatshirt)</p> <p>une jupe (a skirt)</p> <p>un pantalon (trousers)</p> <p>une chemise (a shirt)</p> <p>un polo (a polo-shirt)</p> <p>une veste (a blazer)</p> <p>un pantalon (trousers)</p> <p>une cravate (a tie)</p> <p>des chaussures noires (some black shoes)</p> <p>nos propres vêtements (our own clothes)</p> <p>mes propres vêtements (my own clothes)</p>	<p>Franchement (honestly)</p>	<p>Je suis contre l'uniforme (I am against the uniform)</p> <p>Je suis d'accord (I agree)</p>	<p>car (because)</p> <p>parce que (because)</p>	<p>c'est démodé (it's old fashioned)</p> <p>c'est embarrassant (embarrassing)</p> <p>l'uniforme coûte cher aux parents (the uniform is expensive for parents)</p> <p>tout le monde se ressemble (everyone looks the same)</p> <p>c'est pratique (it's practical)</p> <p>c'est confortable (it's comfortable)</p> <p>la mode n'a pas de place à l'école (there's no space for fashion at school)</p>	<p>il est aussi interdit de (it's also prohibited/forbidden)</p>	<p>porter de maquillage (have make up)</p> <p>porter trop de maquillage (have too much make up)</p> <p>porter du vernis à ongles (to have nail varnish)</p> <p>porter de bijou (to have jewellery)</p> <p>porter du piercing (to have piercings)</p>
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4 Souvenirs d'école

What was your primary school like?

A l'école primaire (At my primary school)	J'avais (I used to have)	beaucoup de temps libre (a lot of free time) beaucoup d'amis (lots of friends) un peu de devoirs (little homework)	Maintenant (Now)	Je joue (I play)	Au hand (handball) Au volley (volleyball)
	J'allais (I used to go)	Au zoo (the zoo) À la piscine (the swimming pool)		Je chante (I sing)	dans la chorale (in a choir) dans une bande (in a band)
	J'étais (I used to be)	Dans une chorale (in a choir) Membre de l'équipe de foot (a member of a football team)		Je participe (I participate)	Au spectacle de Noël (at the Christmas show) A une compétition (in a competition)
	Je faisais (I used to do)	Du judo (judo) Du piano (piano)		Je fais (I do)	du karate (karate) de la cuisine (cooking)
	test	sortir de l'école pendant l'heure de déjeuner (leave school during lunch)			

The **imperfect tense** is used to talk about what things were like in the past / what used to happen. To form the imperfect tense, remove the *-ons* from the *nous* form of the verb in the present tense, e.g. *regarder* (to watch) → *nous regardons* → *regard-*. Then add these endings:

je regardais	nous regardions
tu regardais	vous regardiez
il/elle/on regardait	ils/elles regardaient

The verb *être* has the stem **ét-**, e.g. *j'étais* (I was/I used to be).

Indirect object pronouns mean 'to me', 'to us', etc.

They are used to replace **à + noun**, e.g. after the verbs *donner à* (to give to) and *parler à* (to speak to). The word 'to' is not always used in English.

Indirect object pronouns go before the verb.
(to) me **me** or **m'**
(to) us **nous**

Il me parlait. He used to talk **to me**.

Elle nous donnait des cadeaux.

She used to give **us** presents/presents **to us**.

5 Les langues et l'avenir

ne ... pas	not
ne ... jamais	never
ne ... rien	nothing
ne ... que	only
ne ... aucun(e)	no/not any/not a single ...
ne ... ni ... ni ...	neither ... nor ...

Most **negatives** are in two parts and go around the verb.

Je ne regarde que des films sous-titrés.

I **only** watch subtitled films.

Je n'écoute aucun podcast en allemand.

I **don't** listen to **a single** podcast in German.

Note that **aucun** agrees with the noun.

Ne ... ni ... ni is in three parts. The **ne** comes before the verb. Put a noun after each **ni**.

Je n'étudie ni l'anglais ni le français.

I study **neither** English **nor** French.

Use the imperfect to talk about what **used to** happen (*j'allais*).

Use the present to talk about what **is** happening **now** (*je vais*).

Use the near future to talk about what **is going to** happen (*je vais aller*).

À l'école primaire, est-ce que tu apprenais une langue étrangère?	Oui, j'apprenais ... Oui, je n'apprenais que ... Non, je n'apprenais aucune langue étrangère.
Au collège, tu apprends quelles langues étrangères?	Au collège, je n'apprends que ... En ce moment, j'apprends ..., mais je n'apprends pas ...
Est-ce que tu aimes parler une autre langue?	J'aime / Je n'aime pas apprendre ... parce que ... À mon avis, c'est intéressant / important / inutile.
À l'avenir, comment est-ce que tu vas améliorer ton français?	À l'avenir, je vais regarder des films sous-titrés. écouter des podcasts en français. utiliser une appli sur mon portable. lire des blogs en français.

At primary school, did you learn a foreign language?	Yes, I used to learn ...	
	Yes, I only learn ...	
	No, I don't learn any foreign language.	
At school, which foreign languages do you learn?	At school, I only learn ...	
	At the moment, I learn ... , but I don't learn ...	
Do you like speaking another language?	I like / I don't like learning ... because ...	
	In my opinion, it's interesting / important / useless.	
In the future, how are you going to improve your French?	In the future, I am going to	watch films with subtitles.
		listen to podcasts in French.
		use an app on my mobile phone.
		read blogs in French.

Future school visit

<p>Dans X ans (In X years)</p> <p>L'année prochaine (Next year)</p> <p>La semaine prochaine (Next week)</p> <p>Après-demain (The day after tomorrow)</p> <p>Bientôt (Soon)</p>	<p>je vais faire une échange scolaire (I'm going to do a school exchange)</p> <p>tu vas faire une échange scolaire (you're (sing.) going to do a school exchange)</p> <p>il, elle, on va faire une échange scolaire (he, she, we are going to do a school exchange)</p> <p>nous allons faire une échange scolaire (we're going to do a school exchange)</p> <p>vous allez faire une échange scolaire (you're (pl.) going to do a school exchange)</p> <p>Ils/elles vont faire une échange scolaire (they are going to do a school exchange)</p>	<p>cela aide à (this helps to)</p> <p>cela permet de (this allows to)</p> <p>amoin de (in order to)</p> <p>pour (to)</p>	<p>faire de nouvelles connaissances (meet new people)</p> <p>faire de nouveaux amis (make new friends)</p> <p>suivre des cours (attend classes)</p> <p>comprendre plus facilement une autre langue (understand another language more easily)</p> <p>perfectionner une autre langue (become fluent in another language)</p> <p>voyager à de nouveaux endroits (travel to new places)</p> <p>connaître un autre pays (get to know another country)</p> <p>apprendre d'autres cultures et traditions (learn of other cultures and customs)</p> <p>vivre une grande aventure (experience a great adventure)</p> <p>profiter d'une nouvelle expérience (experience something new)</p>	<p>Je pense que les échanges ont des bienfaits inestimables (I think that exchanges have invaluable benefits)</p> <p>Je pense que l'échange scolaire va être cool (I think that the school exchange is going to be cool)</p> <p>Je suis pour les échanges scolaires (I'm in favour of school exchanges)</p>
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What subjects would you like to study next year?

Après avoir fini (After finishing) Quand j'aurai fini (When I've finished)	d'étudier au collège (studying at high school) l'école secondaire (secondary school)	j'aimerais beaucoup (I'd like very much) je voudrais vraiment (I'd really like)	aller au lycée (to go to sixth form) continuer mes études (to continue my studies)	ailleurs (elsewhere) à l'étranger (abroad)
Je crois que (I believe that) Je pense que (I think that)	je vais choisir (I'm going to choose) je vais opter pour (I'm going to opt for) je vais prendre l'option de (I'm going to take the option of)	la filière générale (the academic pathway) la filière technologique (the technological pathway) la filière professionnelle (the professional pathway)		
Je n'ai aucune idée de (I have no idea about) Je ne sais pas encore (I don't know yet)	ce que je vais (what I'm going) ce que je veux (what I want)	étudier, (to study,) faire, (to do,)	mais probablement (but probably) mais sans doute (but without a doubt)	une filière scientifique (a scientific pathway) une filière littéraire (a literary pathway)
Cette semaine (This week) En ce moment (At the moment)	je me renseigne (I'm finding out) je cherche des informations (I'm looking for information)	toutes les filières disponibles (all of the available pathways) toutes les options possibles (all of the possible options) toutes les possibilités (all of the possibilities)		
J'ai besoin de (I need to) Je suis en train de (I'm in the process of)	me renseigner (-to find out) chercher des informations (-to look for information)	sur (about)		
C'est un choix difficile, (It's a difficult choice.) Ce n'est pas facile de choisir, (It's not easy to choose.)	car (as) parce que (because)	je suis partagé entre (I'm torn (m) between)	je suis partagée entre (I'm torn (f) between)	j'hésite entre (I'm hesitating between)
C'est un engagement important, (It's an important commitment,)	C'est un engagement sur le long terme, (It's a long term commitment,)	les maths (maths) les sciences (science)	et (and)	le français (French) les langues (languages)
		alors je préfère (so I prefer) donc il vaut mieux (therefore it is best)	prendre mon temps (to take my time) réfléchir sereinement (to reflect calmly)	avant de (before) choisir (-to choose) me décider (-to make my mind up)



Revision

UK in the 21st century

Physical Geography of the UK
London's booming population
The UK's global role and our influence in conflicts, media and food

Resources & shortages
Food, Water and Energy security
Food security

Development case study

Human Geography of the UK
The UK's ageing population
The UK's changing economy and post-industrial UK

Resource reliance
Farming & fishing for food
Theories on the future
Fieldwork

Barriers to development

Dynamic development

Cities case study
Urban population explosion and growth of slums
Super-sized cities in an urban world
Human impacts on the TRF
Polar environments
Characteristics and value of a tropical rainforest
Distributions of biomes & their climate, flora and fauna

Uneven development

YEAR 11

The global development divide and measuring development
Defining development

Urban trends in the UK
How cities began and grew
Urban futures
Characteristics of polar regions
Human Impacts on a tropical rainforest

Ecosystems and interdependence

Sustaining ecosystems

Tropical storms, drought & El Nino

Contrasting case studies of natural weather
Plate boundaries and tectonic cases studies

Distinctive Landscapes
The physical and human landscape of the UK
Coastal erosional and depositional landforms
Rivers
Fieldwork

Extreme weather conditions

Structure of the Earth
Mitigation of tectonic hazards

What makes a distinctive landscape
Geomorphic processes
River landforms
Coasts case study

Global hazards

UK impacts of climate change
Greenhouse effect
Natural causes of climate change
Patterns of climate change

Changing Climates

Global circulation system and climate zones

START OF GCSE
YEAR 10

Global impacts of climate change
Human causes of climate change
Evidence of climate change

Transition to GCSE

Glaciation

Movement
Evidence of glaciation in the Lake district
Glacier formation

Russia – What are the opportunities and challenges facing Russia?
Biomes
Human Issues
Middle East – Why is the Middle East an important region?
Biomes
Human Issues

Loss of Culture

Clone Towns
Changing glaciers

Location
Skills
Physical Issues
Location
Skills
Physical Issues

BREXIT

Globalisation
UK's place in the wider world
Going global

Physical Issues
Skills
Location
Flood hazards and management
Fluvial process including weathering

Water cycle

Hydrology – Why are rivers important?

Tectonic Hazards – Why do people remain at risk?
Plate margins & movement
Earthquake processes

Rocks
Biosphere
Natural resources for energy
Changing Economies – How have shifting economies impacted cities across the globe?
Sectors of industry
Industrialisation of NEEs

Addressing inequality

Earth structure
Volcano processes
Tsunami

Resource risk – Are we running out of natural resources?
Soils
Hydrosphere
Sustainability
Urban problems
Deindustrialisation

Sustainable development

Poverty

Development – Why are some places more developed than others?

Human Issues
Biomes
Africa – What are the opportunities and challenges facing Africa?
Migration
Population distribution and settlement factors

Change over time

Measuring development
Distribution of Wealth

Physical Issues
Skills
Location
Urbanisation

Population change

Population – Can we solve the problem of overpopulation?

Difference between weather and climate

Extreme weather
Beast from the East

Coasts – Should we defend our coastlines?
Landforms
Coastal case study
Rainforests
Tourism

Weird Weather – Is Weather becoming more extreme?

How do Geographers think?

Coastal processes
Coastal management
Economy Vs Environment – Are we risking our natural world in order to make money?
Antarctica
Hydrocarbons

Map skills

What is a geographer?

YEAR 7

Locational knowledge

GEOGRAPHY

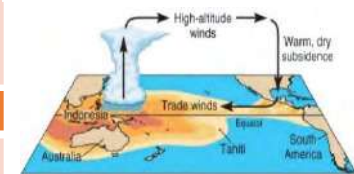


Global pattern of air circulation	
Atmospheric circulation is the large-scale movement of air by which heat is distributed on the surface of the Earth.	
Hadley cell	Largest cell which extends from the Equator to between 30° to 40° north & south.
Ferrel cell	Middle cell where air flows polewards between 60° & 70° latitude.
Polar cell	Smallest & weakest cell that occurs from the poles to the Ferrel cell.



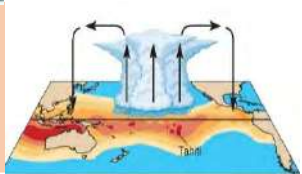
Distribution of Droughts
Drought can occur anywhere throughout the world but they are more frequent between the tropics of Cancer and Capricorn. Many countries in Africa suffer from severe drought, such as Ethiopia but Australia also suffer.
Causes of Drought and floods: El Nino effect

The El Nino effect is also associated with creating dry conditions.



Normally, **warm ocean currents** off the coast of Australia cause **moist warm air** to rise and **condense** causing storms and **rain** over Australia.

In an El Niño year (every 2-7 years) the **cycle reverses**. Cooler water off the coast of Australia reverses the wind direction leading to **dry, sinking air** causing **hot weather** and a **lack of rainfall** over Australia and warm, wet air over South America causing storms and floods.



Climate Zones	
The global circulation system controls temperatures by influencing precipitation and the prevailing winds. This creates distinctive climate zones.	
Temperate Climate	Mid-latitude, 50° - 60° north & south of the Equator. Here air rises and cools to form clouds and therefore frequent rainfall. e.g. UK.
Tropical Climate	Found along the Equatorial belt, this zones experiences heavy rainfall and thunderstorms. E.g. Brazil.
Polar Climate	Within the polar zones cold air sinks causing dry, icy and strong winds. E.g. Antarctica.
Desert Climate	30° north and south of the equator, sinking dry airs leads to high temperatures without conditions for rainfall. E.g. Libya.



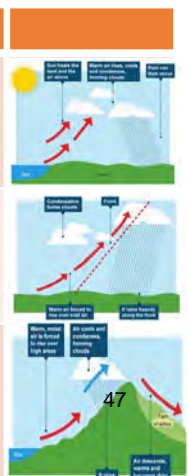
Global Hazards

Extremes in weather conditions	
The Atacama, Chile The Andes mountains block moist warm air from travelling further west. This causes rainfall to the east of the mountains, but a rain shadow to the west. Average annual rainfall of 15mm.	Cherrapunji, Khasi Hills, India This town sees a lot of rain each year (11m per yr). This is due to the reversal of air conditions/directions from sea to land. As clouds travel from the bay of Bengal over Bangladesh they are forced to rise once they reach the Khasi Hills, causing relief rainfall. In the summer, this contributes to monsoons.

High and Low Pressure		What is wind?
High Pressure Caused by cold air sinking. Causes clear and calm weather	Low Pressure Caused by hot air rising. Causes stormy, cloudy weather.	Wind is the movement of air from an area of high pressure to one of low pressure.



Types of wind		Types of precipitation	
Katabatic Winds	Winds that carry air from the high ground down a slope due to gravity. e.g. Antarctic.	Convective Rainfall	When the land warms up, it heats the air enough to expand and rise. As the air rises it cools and condenses. If this process continues then rain will fall.
Trade Winds	Wind that blow from high pressure belts to low pressure belts.	Frontal Rainfall	When warm air meets cool air an front is formed. As the warm air rises over the cool air, clouds are produced. Eventually steady rain is produced.
Jet Streams	These are winds that are high in the atmosphere travelling at speeds of 225km/h.	Relief Rainfall	When wind meets mountains, the warm air is forced to rise quickly and cool. This leads condensation and eventually rainfall. When the air descend however, little very rainfall falls, creating a rain shadow.



Changing pattern of these Hazards	
Tropical Storms	Scientists believe that global warming is having an impact on the frequency and strength of tropical storms. This may be due to an increase in ocean temperatures.
Droughts	The severity of droughts have increased since the 1940s. This may be due to changing rainfall and evaporation patterns related to gradual climate change.

What is precipitation?
This is when water vapour is carried by warm air that rises. As it gets higher, the air cools and the water vapour condenses to form a cloud. As water molecule collide and become heavier, the water will fall to Earth as precipitation.

Distribution of Tropical Storms.	
They are known by many names, including hurricanes (North America), cyclones (India) and typhoons (Japan and East Asia). They all occur in a band that lies roughly between the tropics of Cancer and Capricorn (5-15Degrees N and S of the Equator) and despite varying wind speeds are ferocious storms. Some storms can form just outside of the tropics, but in general the distribution of these storms is controlled by the places where sea temperatures rise above 27°C.	

Formation of Tropical Storms	
1	The sun's heats large areas of ocean in the summer and autumn. This causes warm, moist air to rise over the particular spots
2	Once the temperature is 27°, the rising warm moist air leads to a low pressure. This eventually turns into a thunderstorm. This causes air to be sucked in from the trade winds.
3	With trade winds blowing in the opposite direction and the rotation of earth involved (Coriolis effect), the thunderstorm will eventually start to spin.
4	When the storm begins to spin faster than 74mph, a tropical storm (such as a hurricane) is officially born.
5	With the tropical storm growing in power, more cool air sinks in the centre of the storm, creating calm, clear condition called the eye of the storm.
6	When the tropical storm hit land, it loses its energy source (the warm ocean) and it begins to lose strength. Eventually it will 'blow itself out'.

Case Study: The Big Dry Australian Drought

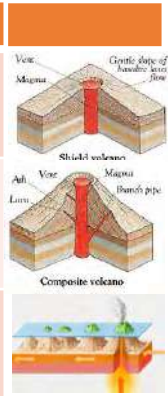
Causes	
Drought in Australia is often caused by El Niño.	
Effects	Management
<ul style="list-style-type: none"> Crop failure and dried vegetation. Bush fires killed 180 people. Animals died from starvation and dehydration The number of sheep fell by 6 million. Rural suicide rates increased 	<ul style="list-style-type: none"> Severe restrictions on water usage put in place. Building of new reservoirs and wells. Farmers now use drought-tolerant crops. Campaign on educating Australia's population

Case Study: Typhoon Haiyan 2013

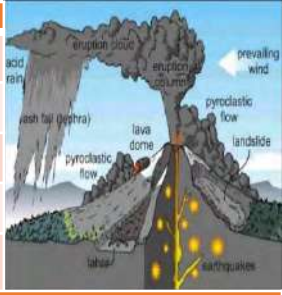
Causes	
Started as a tropical depression on 2 nd November 2013 and gained strength. Became a Category 5 "super typhoon". Main impact on the Philippines.	
Effects	Management
<ul style="list-style-type: none"> Almost 4,000 deaths. 130,000 homes destroyed Water and sewerage systems destroyed causing diseases. Emotional grief for lost ones. 	<ul style="list-style-type: none"> The UN raised £190m in aid. USA & UK sent helicopter carrier ships deliver aid remote areas. Education on typhoon preparedness.

The structure of the Earth	
The Crust	Varies in thickness depending whether it is below oceans or continents. Made up of plates.
The Mantle	Thickest layer (2900km). The heat and pressure means the rock is in a liquid state that is in a state of convection.
The Inner and Outer Core	Hottest section (5000 degrees). Mostly made of iron and nickel and is 4x denser than the crust. Inner section is solid whereas outer layer is liquid.

Types of volcanoes	
Shield	Made of basaltic rock and form gently sloping cones from layers of runny lava. Location: hot spots and constructive margins. Eruptions: gentle and predictable
Composite	Most common type found on land. Created by layers of ash and lava as the lava is thick and viscous. Location: Destructive margins Eruptions: explosive and unpredictable due to the build of pressure within the magma chamber.
Hotspots	These happen away from any plate boundaries. They occur because a plume of magma rises to eat into the plate above. Where lava breaks through to the surface, active volcanoes can occur above the hot spot. E.g. Hawaii.



Volcanic Hazards	
Ash cloud	Small pieces of pulverised rock and glass which are thrown into the atmosphere.
Gas	Sulphur dioxide, water vapour and carbon dioxide come out of the volcano.
Lahar	A volcanic mudflow which usually runs down a valley side on the volcano.
Pyroclastic flow	A fast moving current of super-heated gas and ash (1000°C). They travel at 450mph.
Volcanic bomb	A thick (viscous) lava fragment that is ejected from the volcano.



Convection Currents	
The Lithosphere is divided into plates which move due to ridge pull and slab push, plus convection currents in the asthenosphere.	
1	Radioactive decay of some of the elements in the core and mantle generate a lot of heat.
2	When lower parts of the asthenosphere heat up they become less dense and slowly rise .
3	As they move towards the top they cool down, become more dense and slowly sink .
4	These circular movements of semi-molten rock are convection currents
5	Convection currents create drag on the base of the tectonic plates and this combines with ridge push and slab pull to cause movement.

Case Study: Nepal Earthquake, 2015	
Causes	<ul style="list-style-type: none"> The Indian and Eurasian plates push together - Collision plate boundary. The main earthquake occurred 25th April 2015, magnitude 7.8. Numerous aftershocks including one of 7.3 magnitude between 25th April and 12th May.
Effects	547 landslides, including several on Mt Everest. 180 buildings turned to rubble in Kathmandu. 19,009 people injured and 8635 people killed. \$10 billion worth of damage caused. Thousands made homeless and had to sleep outside. Schools, hospitals and other services closed.
Management	British government gave £33million. India provided emergency aid including 50 tonnes of water and 22 tonnes of food. NGO's e.g. Red Cross aided injured/homeless. Long-term 'cash for work' projects were set up where people were paid to work rebuilding their own communities.

Managing Volcanic Eruptions	
Warning signs	Monitoring techniques
Small earthquakes are caused as magma rises up.	Seismometers are used to detect earthquakes.
Temperatures around the volcano rise as activity increases.	Thermal imaging and satellite cameras can be used to detect heat around a volcano.
When a volcano is close to erupting it starts to release gases.	Gas samples may be taken and chemical sensors used to measure sulphur levels.
Preparation	
Creating an exclusion zone around the volcano.	Being ready and able to evacuate residents.
Having an emergency supply of basic provisions, such as food	Trained emergency services and a good communication system.

Types of Plate Margins	
Destructive Plate Margin	When the denser oceanic plate subducts beneath the other plate (usually continental), friction causes it to melt and become molten magma. The magma forces its way up to the surface to form a volcano. This margin is also responsible for devastating earthquakes.
Constructive Plate Margin	Here two plates are moving apart causing new magma to reach the surface through the gap. Volcanoes formed along this fault can cause a submarine (underwater) mountain range such as those in the Mid Atlantic Ridge.
Conservative Plate Margin	A conservative plate boundary occurs where plates slide past each other in opposite directions, or in the same direction but at different speeds. This is responsible for earthquakes such as the ones that happening along the San Andreas Fault, USA.
Collision Zones	Collision zones form when two continental plates collide. Neither plate is forced under the other, and so both are forced up and form fold mountains. These zones are responsible for shallow earthquakes in the Himalayas.

Causes of Earthquakes	
Earthquakes are caused when two plates become locked causing friction to build up. From this stress , the pressure will eventually be released, triggering the plates to move into a new position. This movement causes energy in the form of seismic waves , to travel from the focus towards and the epicentre . As a result, the crust vibrates triggering an earthquake.	
The point directly above the focus, where the seismic waves reach first, is called the EPICENTRE .	
SEISMIC WAVES (energy waves) travel out from the focus.	
The point at which pressure is released is called the FOCUS .	

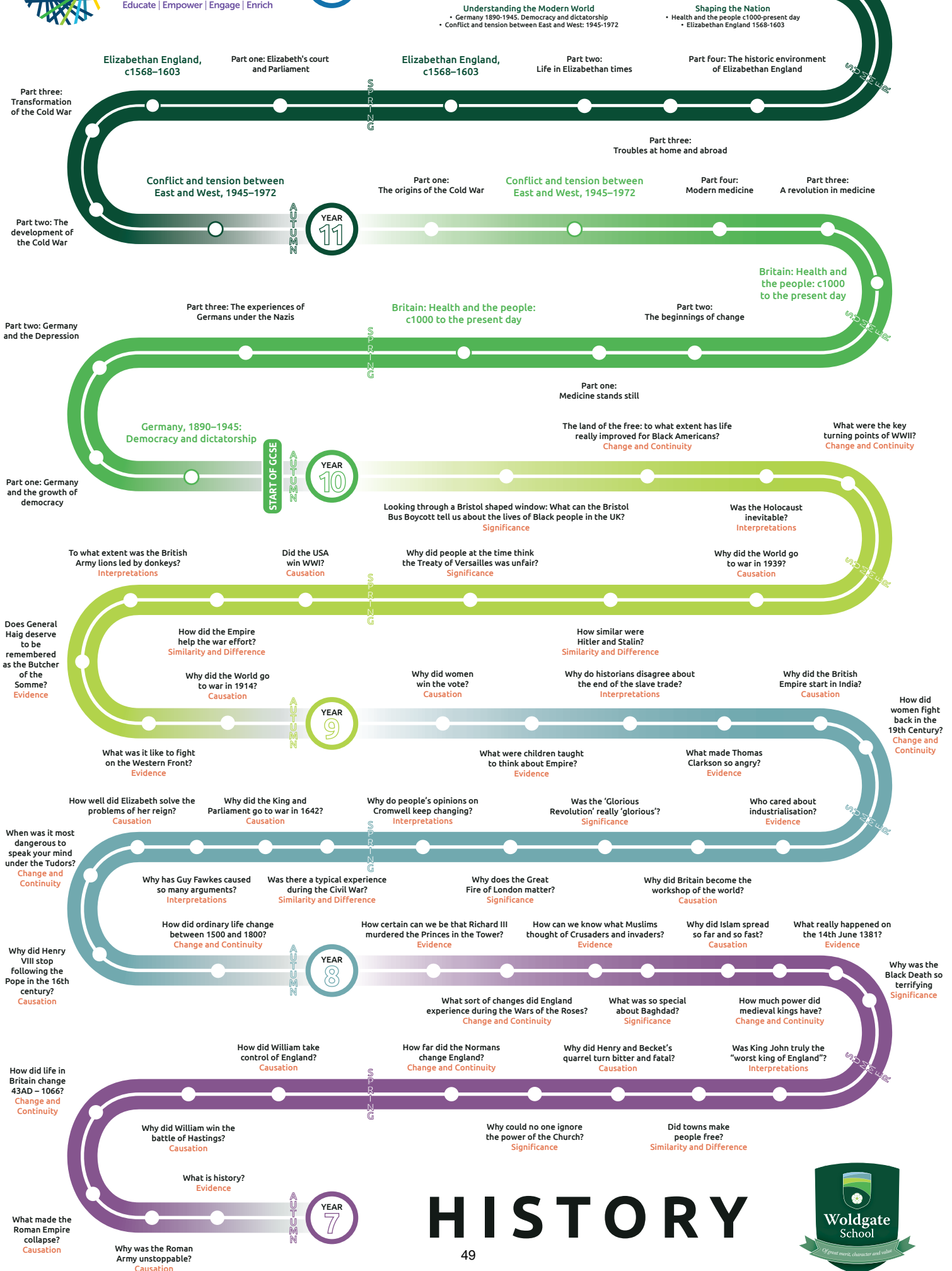
Earthquake Management	
PREDICTING	
Methods include: <ul style="list-style-type: none"> Satellite surveying (tracks changes in the earth's surface) Laser reflector (surveys movement across fault lines) Radon gas sensor (radon gas is released when plates move so this sensor detects it) Seismometer Water table level (water levels fluctuate before an earthquake). Scientists also use seismic records to predict when the next event will occur. 	
PROTECTION	
You can't stop earthquakes, so earthquake-prone regions follow these three methods to reduce potential damage: <ul style="list-style-type: none"> Building earthquake-resistant buildings Raising public awareness Improving earthquake prediction 	

How do we measure earthquakes?	
Mercalli Scale	Richter Scale
<ul style="list-style-type: none"> Measures how much damage is caused, based on observations, not scientific instruments. Base from 'Instrument' and 'Weak' to 'Extreme' and 'Cataclysmic'. Limitations is that its subjective due to it being based on perception. 	<ul style="list-style-type: none"> Is a scientific measurement based on the energy released. Measured by seismometers using measurement from 1 – 10 Logarithmic – each point up the scale is 10 times greater than the one before.

Earthquake proof buildings ideas	
1. Counter-weights to the roof to help balance any swaying.	2. Roof made from reinforced cement concrete.
3. Foundations made from reinforced steel pillars, ball-bearings or rubber.	4. Windows fitted with shatter-proof glass to reduce breakage.
5. Lightweight materials that cause minimal damage if fallen during an earthquake.	6. Ensure gas pipes have an automatic shut off to prevent risk of fire.



GCSE EXAMINATIONS



HISTORY



Health and the People c1000 to Present Day

Part 1: Medicine stands still c1000-1500

Medieval beliefs about the causes of illness:

- Punishment from God: Most common belief that was that illness was sent as a punishment from God for sin.
- Bad air: People believed that miasma caused illness. Some people could link bad air to filth on the streets but could not explain what the link was.
- Astrology: Illness was sometimes linked to the movement of the planets and astrology.
- Unbalanced humours: British physicians had been trained using Hippocrates and Galen's books, so believed that people became ill when their humours were unbalanced.

Preventing, diagnosing and treating illness:

- Urine chart: Testing urine for colour, smell, thickness and taste.
- Bleeding: Letting blood flow from the arm, sometimes using illnesses. Some monks were bled 7-12 times a year to prevent illness.
- Cleaning the streets: 1349 – Edward III ordered the Mayor of London to clean the filth from the streets.
- Zodiac man: Chart showed doctors when to treat certain parts of the body.
- Herbal remedies: Made from herbs and minerals, from books called 'herbals'.

Medieval doctors:

Physicians	Surgeons	Wise Women	Apothecaries
University trained for 7 years on the work of Galen. Controlled by the Church who supported old ideas. No hands-on training. Very few physicians and expensive.	Trained as apprentices. Basic surgery (amputations and bleeding) and haircuts. Less respected than physicians. Some trained on the battlefield.	Natural and herbal remedies. Knowledge passed down through generations. Also acted as midwives. Reasonably priced treatment.	Dispensed medicines and herbs from a shop. Sold medicines to doctors. Apprentice for 7 years. Sold 'simples (one ingredient)' and 'compounds'.

Key individuals:

Name	Description
Hippocrates of Kos	Taught that people got ill because of the Four Humours (blood, phlegm, yellow bile, and black bile). Said that these humours needed to be balanced to stay healthy. Also taught doctors to examine patients carefully.
Claudius Galen	Built on the work of Hippocrates. Developed the Theory of Opposites (that you had to balance the humours by doing the opposite). Wrote over 350 books on all areas of medicine, proved the brain controlled speech, and said that people should dissect humans to find out about the body, and if this was not possible, use apes. Supported by the Church as he claimed the human body was so perfect it must have been made by one god.
Rhazes	Wrote over 50 books on the ideas of Hippocrates and Galen. Emphasised the importance of carefully diagnosing illnesses and described smallpox and measles accurately.
Ibn Sina	Encouraged scientific observation and the importance of cleanliness. Wrote a range of books e.g. the Canon of Medicine which described over 700 drugs and their uses. Main medical textbook until the 17 th Century.
Al-Zahrawi	Expert in surgery. Produced books showing complex abdominal operations and 200 surgical instruments.
Ibn-al-Nafis	Argued against Galen's belief that blood was produced by the liver and burnt up by the body as a nutrient.
John Bradmore	Developed a new forcep to remove an arrow lodged in Prince Henry's cheek. Dressed the wound with barley and honey and it healed, free of infection.
Henri de Mondeville	Taught that wounds should be bathed and cleaned, then closed quickly, contrary to Galen who said that pus should be allowed to form to carry away poisoned blood.

Christianity and medicine:

- Preserving knowledge: Copied ancient Greek and Roman books to prevent knowledge being lost. Monks made these copies by hand.
- Education and training: Controlled universities and supported Galen. Roger Bacon was imprisoned for saying doctors should do their own research.
- Cause and treatment: God sent illness, so the only way to prevent it was to pray and commit less sin. To look for other explanations was to challenge the Church.
- Hospitals: Hospitals were in monasteries – 500 by 1400. Cared for sick and old people with prayer, herbal remedies and rest. No infectious diseases.

Health and the People c1000 to Present Day

Part 1: Medicine stands still c1000-1500

Islam and medicine:

- Hospitals: Islam encouraged a good diet, exercise and hygiene. As such, there were many advanced hospitals with different wards and nursing care for patients. By 1100, every large town in the Islamic world had a hospital. Physicians trained in hospitals. Hospitals were open to all.
- Preserving knowledge: Greek medical textbooks were translated into Arabic. Islamic physicians built on the ideas of the Greeks and Roman, composing multi-volume medical encyclopaedias which organised medical knowledge. These books were later translated into Latin and used in Europe.

Public health in monasteries

- Health in monasteries was better. For example:
 - ✓ Water was used to flush the latrines which drained into ditches
 - ✓ Reservoirs stored incoming water for when it was needed
 - ✓ Pipes brought water into the washrooms, bakery, kitchen etc.
 - ✓ Drains took rainwater and waste away from the abbey
- This was because:
 - ✓ Monasteries were wealthy, so they could afford water supplies and sanitation
 - ✓ They were built close to rivers in isolated places, so could draw fresh water
 - ✓ Monks were expected to keep clean

Surgery in medieval times:

Treatments	Problems	Training
Most surgery was performed by barber surgeons, who offered blood-letting, tooth extraction and amputations as well as haircuts. They could also remove small tumours on the skin's surface. They could not do complex operations inside the body.	<ul style="list-style-type: none"> • Pain: Surgeons used herbs such as opium or hemlock to make patients drowsy but performed amputations and other surgery without pain relief. • Infection: Wine, vinegar or honey could be used to clean wounds, but infection could not be prevented. • Bleeding: Large cuts were sewn up or cauterised. Surgeons could not stop heavy bleeding. 	Surgeons did not go to university but trained through observing others. They improved their skills through practise and reading books on surgery.

The Black Death (1348):

Explanations:

- **God's punishment** – plague was punishment for sin
- Miasma – bad air was spreading disease
- Astrology – the planet had moved into a new constellation of stars
- Theory of the Four Humours – people were 'stuffed with evil humours'

Prevention:

- Stopped strangers entering
- Daily services to pray for forgiveness
- Cleaned the streets
- Lit candles for God
- Fasted to repent sins
- Doors and windows sealed
- Pilgrimages to show remorse
- Sweet smelling herbs
- Kept air moving using birds/bells
- Ban on God-insulting activities
- Flagellants whipped themselves
- Butchers punished for mess

Treatments:

- Prayed for people to recover
- Holy charms around neck
- Cut open buboes to let out pus
- Leeches to bleed patient
- Used Theory of Opposites – Black Death was a fever so they used cold baths and avoid hot (strong food) such as garlic and onions

Short-term impact:

Killed over 1/3 of the population of medieval England in a year. Whole villages were wiped out, and the loss of many workers led to food shortages. The price of food increased.

Long-term impact:

Survivors became better off. There was a shortage of workers, so employers had to pay higher wages to attract them. People had more money, and some spent this on education. More people learned to read and write, which helped to spread new ideas more quickly.

Public health in towns

Problems	Improvements
<ul style="list-style-type: none"> ✗ Water was collected from a river or pit ✗ Cesspits for human waste were sometimes near water supplies ✗ People threw rubbish into streets and rivers ✗ Animals roamed the streets and left excrement ✗ Diseases were common ✗ Open sewers ran through streets 	<ul style="list-style-type: none"> ✓ Carts collected human waste from cesspits ✓ In Exeter, aqueducts were built ✓ In Newcastle, streets were paved to be easier to clean ✓ Cesspits were lined with brick or stone, so they didn't leak ✓ Laws were passed to punish people for throwing human or butchers' waste into streets

Health and the People c1000 to Present Day

Part 2: The beginnings of change c1500-1800

Significance of Vesalius:

Vesalius challenged the work of Galen on anatomy. His work spread due to a printing revolution, the use of artists to produce detailed anatomical drawings, and the growing acceptance that Galen loved enquiry and that doctors should too.

Short-term significance

- Improved knowledge of anatomy
- Changed attitudes – doctors realised there was more to learn
- Some doctors now carried out human dissection to learn more
- More anatomic research – e.g. book on human skull and ear

Long-term significance

- Gradually, people challenged traditional ideas
- Paved the way for Pare and Harvey
- Insistence on enquiry – by the late 1600s most students were encouraged to find things out for themselves

Significance of Pare:

Pare developed new types of artificial limbs, a new lotion for gunshot wounds, and ligatures to tie off arteries instead of cauterising wounds. His ligatures caused infection though, and so they were not routinely used for 300 years.

Short-term significance

- Lotion instead of oil was widely accepted. Wrote books
- Showed that new methods could be more successful than old ideas

Long-term significance

- Encouraged surgeons to think for themselves and try new ideas
- William Clowes wrote a book detailing battlefield treatments
- Raised the status of surgeons – Henry VIII set up the Company of Barber Surgeons

Significance of Harvey:

Harvey proved that blood circulated, disproving Galen's theory that blood was produced in the liver and burnt by the body as energy. He was very thorough and used a scientific method and observation before publishing his results.

Short-term significance

- Initially many ignored him
- Almost 50 years until his ideas were taught at University
- Fewer patients went to Harvey for treatment

Long-term significance

- Accepted over time. Many future surgical advancements depended on circulation
- Left gaps in his work – e.g. the work of the liver
- Malphigi later discovered capillaries
- Fuelled a scientific revolution – 1660 the Royal Society was established to discuss ideas

Key individuals:

Name	Description
Andreas Vesalius	Fabric of the Human Body, published in 1543. Identified 300 mistakes in Galen's work, such as the lower jaw was in 1 part not two, and the human breastbone was in 3 parts, not 7. Carried out dissections on executed criminals.
William Harvey	De Moto Cordis, published in 1628. He discovered that blood circulates around the body, with the heart acting as a pump. He identified valves in veins to show it was a one-way system.
Ambroise Pare	Battlefield surgeon, who created over 50 types of artificial limb, developed a lotion of egg yolk, oil of roses and turpentine to deal with gunshot wounds (instead of boiling oil), and ligatures (silk threads) to tie off arteries instead of cauterisation.
John Hunter	Trained hundreds of surgeons, including Edward Jenner. Tested new surgical techniques such as tying off an aneurysm instead of amputating the limb. Opened a teaching museum to promote surgery.
Edward Jenner	Discovered that a small dose of cowpox would prevent against smallpox. Became known as vaccination and challenged the traditional practice of inoculation.
James Morrison	A famous Quack, who made his fortune selling 'Vegetable Pills', which he claimed could cure everything. Contained purgatives and many died from excessive bowel movements.

Treating illness in the Renaissance:

- Bleeding: Still one of the most common treatments
- Herbal remedies: Printing meant more people could buy 'herbals' such as The Complete Herbal by Nicholas Culpepper
- New treatments from abroad: Rhubarb to purge the bowels, quinine to treat fevers, opium as an anaesthetic and tobacco was a 'cure-all'
- Quackery: Travelling salesmen who sold pills and medicine with no training. This boomed in the Renaissance, with men like Joshua Ward (selling pills he claimed could cure any illness, which just made people sweat a lot) and James Morrison making a fortune.
- Superstitious treatments: Still very popular, such as the touch of a King (92,000 people visited Charles II between 1660-2) to cure scrofula (a skin disease), and the Bezoar Stone from the stomach of a goat to cure all poisons. This was disproven by Pare.

Health and the People c1000 to Present Day

Part 2: The beginnings of change c1500-1800

The Great Plague (1665)

Explanations:

- **God's punishment** – plague was punishment for sin
- Miasma – bad air was spreading disease
- Astrology – the planet had moved into a new constellation of stars

Prevention:

- People shut in their homes
- Dead were inspected to check for the plague
- Bedding hung in smoke
- Sweep the street outside front door
- Pigs, dogs and cats banned in cities
- Large assemblies banned
- **Measures didn't work because:**
 - They were orders not laws
 - King and council left London
 - Symptoms were not recorded
 - Too few watchmen to enforce

Treatments:

- Prayed for people to recover
- Holy charms around neck
- Cut open buboes to let out pus
- Leeches to bleed patient
- Quacks sold 'Great Medicines' – e.g. London Treacle containing wine, herbs, spices, honey and opium
- Many herbal remedies were used

Short-term impact:

Some of the methods introduced in London worked a little, but over ¼ of the population of London died of the Plague in 1665. A combination of cold weather and the Great Fire of London ended the plague.

Long-term impact:

Following the Great Fire, central London was rebuilt, with stone and brick buildings and wider paved streets. For a time, London was healthier. But as the city became more and more crowded in the Industrial Revolution, the benefits disappeared.

Renaissance hospitals:

- **Organisation:** Charities and some local councils set up and ran hospitals. More hospitals were established, including specialist ones like maternity hospitals.
- **Staffing:** Nursing sisters treated patients with herbal remedies, but nursing helpers did the heavy manual work and had no medical training.
- **Patients:** Treated minor complaints like leg ulcers. Infectious diseases were still not admitted. Anyone with money preferred to be treated at home by a physician.
- **Treatments:** Herbal remedies, food, rest, and bathing. Provided with warmth and prayer. Treatments were also still based on the Four Humours.
- **Scale:** By 1700, London had a population of over half a million, but only had 2 large hospitals. By the 1660s, St Bartholomew's Hospital in London had 2 wards for 300 patients, with 3 physicians and 3 surgeons.

Training and status of surgeons and physicians:

- Throughout the 1500s and 1600s, most physicians still accepted Hippocrates' Theory of the Four Humours. Training was still based on the work of Galen and Arab doctors such as Ibn Sina. But, by the late 1600s, things began to change:
 - In some hospitals, training took place on the ward. More dissections
 - Training emphasised the importance of a scientific approach
 - Better microscopes and the first thermometers helped improve treatment
- Many people still could not afford treatment from a physician. Many preferred the cheaper remedies from surgeons and apothecaries.
- In 1645, The Society was formed to discuss new scientific ideas and publish books and articles. It became The Royal Society in 1662, and Charles II paid for a laboratory and had an observatory built on one of his palaces

Significance of Hunter:

Hunter trained hundreds of new surgeons, developed new surgical methods and opened an anatomical museum in London.

Short-term significance	Long-term significance
<ul style="list-style-type: none"> • Encouraged a scientific approach • Wrote books on many topics • Surgeon to the King and Army and so influenced surgery • Set up a teaching museum 	<ul style="list-style-type: none"> • Trained hundreds of surgeons • Inspired Edward Jenner • Company of Surgeons formed in 1745, became Royal College of Surgeons in 1800

Significance of Jenner:

Jenner developed a new vaccine for smallpox, replacing the traditional inoculation. He published his work in 1798.

Short-term significance	Long-term significance
<ul style="list-style-type: none"> • 23 experiments before publishing • Govt. gave him £30,000 • Vaccination became widely used • Deaths fell • Vaccination compulsory in 1852 	<ul style="list-style-type: none"> • Smallpox eradicated as killer disease • Enforcement of vaccine in 1872 • Wiped out smallpox by 1970s • Other vaccines developed • One off discovery

Opposition to vaccination:

People didn't like treatment linked to animals, thought disease was God's punishment, Jenner wasn't a famous doctor, he couldn't explain it and inoculators were worried about losing their income.

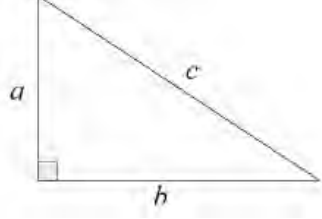
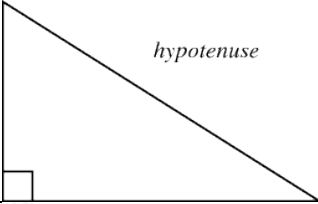
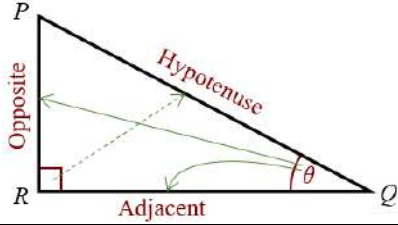
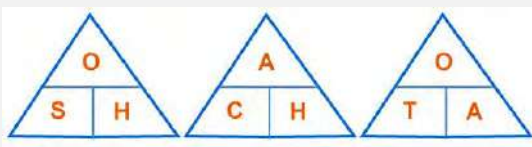
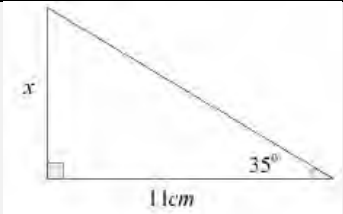
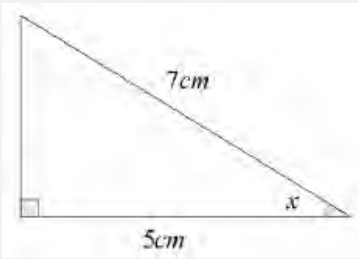


Topic/Skill	Definition/Tips	Example
1. Perimeter	The total distance around the outside of a shape. Units include: <i>mm, cm, m</i> etc.	<p style="text-align: center;">8 cm</p> <p style="text-align: center;">5 cm</p> <p style="text-align: center;">$P = 8 + 5 + 8 + 5 = 26cm$</p>
2. Area	The amount of space inside a shape. Units include: <i>mm², cm², m²</i>	
3. Area of a Rectangle	Length x Width	<p style="text-align: right;">$A = 36cm^2$</p>
4. Area of a Parallelogram	Base x Perpendicular Height Not the slant height.	<p style="text-align: right;">$A = 21cm^2$</p>
5. Area of a Triangle	Base x Height ÷ 2	<p style="text-align: right;">$A = 24cm^2$</p>
6. Area of a Kite	Split in to two triangles and use the method above.	<p style="text-align: right;">$A = 8.8m^2$</p>
7. Area of a Trapezium	$\frac{(a + b)}{2} \times h$ <p>“Half the sum of the parallel side, times the height between them. That is how you calculate the area of a trapezium”</p>	<p style="text-align: right;">$A = 55cm^2$</p>
8. Compound Shape	A shape made up of a combination of other known shapes put together.	
9. Circle	A circle is the locus of all points equidistant from a central point.	



<p>10. Parts of a Circle</p>	<p>Radius – the distance from the centre of a circle to the edge</p> <p>Diameter – the total distance across the width of a circle through the centre.</p> <p>Circumference – the total distance around the outside of a circle</p> <p>Chord – a straight line whose end points lie on a circle</p> <p>Tangent – a straight line which touches a circle at exactly one point</p> <p>Arc – a part of the circumference of a circle</p> <p>Sector – the region of a circle enclosed by two radii and their intercepted arc</p> <p>Segment – the region bounded by a chord and the arc created by the chord</p>	<p style="text-align: center;">Parts of a Circle</p>
<p>11. Area of a Circle</p>	<p>$A = \pi r^2$ which means 'pi x radius squared'.</p>	<p>If the radius was 5cm, then: $A = \pi \times 5^2 = 78.5cm^2$</p>
<p>12. Circumference of a Circle</p>	<p>$C = \pi d$ which means 'pi x diameter'</p>	<p>If the radius was 5cm, then: $C = \pi \times 10 = 31.4cm$</p>
<p>13. π ('pi')</p>	<p>Pi is the circumference of a circle divided by the diameter.</p> <p style="text-align: center;">$\pi \approx 3.14$</p>	
<p>14. Arc Length of a Sector</p>	<p>The arc length is part of the circumference.</p> <p>Take the angle given as a fraction over 360° and multiply by the circumference.</p>	<p>Arc Length = $\frac{115}{360} \times \pi \times 8 = 8.03cm$</p>
<p>15. Area of a Sector</p>	<p>The area of a sector is part of the total area.</p> <p>Take the angle given as a fraction over 360° and multiply by the area.</p>	<p>Area = $\frac{115}{360} \times \pi \times 4^2 = 16.1cm^2$</p>
<p>16. Pythagoras' Theorem</p>	<p>For any right angled triangle:</p> <p style="text-align: center;">$a^2 + b^2 = c^2$</p>	<p style="text-align: center;">Finding a Shorter Side</p>




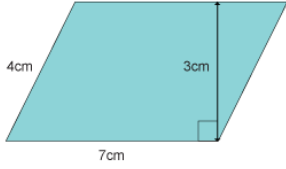
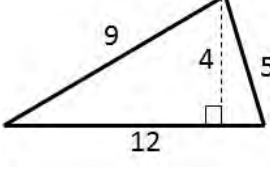
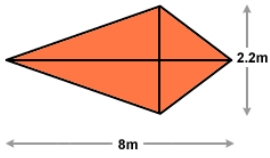
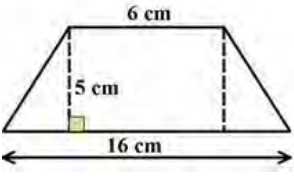
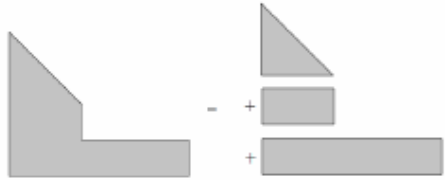
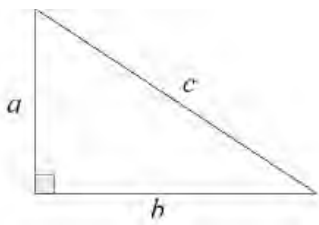
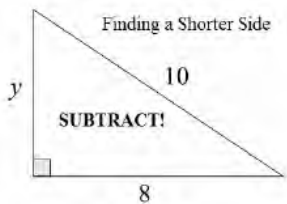
	 <p>Used to find missing lengths. a and b are the shorter sides, c is the hypotenuse (longest side).</p>	$a = y, b = 8, c = 10$ $a^2 = c^2 - b^2$ $y^2 = 100 - 64$ $y^2 = 36$ $y = 6$
<p>17. Trigonometry</p>	<p>The study of triangles.</p>	
<p>18. Hypotenuse</p>	<p>The longest side of a right-angled triangle. Is always opposite the right angle.</p>	
<p>19. Adjacent</p>	<p>Next to</p>	
<p>20. Trigonometric Formulae</p>	<p>Use SOHCAHTOA.</p> $\sin \theta = \frac{O}{H}$ $\cos \theta = \frac{A}{H}$ $\tan \theta = \frac{O}{A}$  <p>When finding a missing angle, use the 'inverse' trigonometric function by pressing the 'shift' button on the calculator.</p>	 <p>Use 'Opposite' and 'Adjacent', so use 'tan'</p> $\tan 35 = \frac{x}{11}$ $x = 11 \tan 35 = 7.70\text{cm}$  <p>Use 'Adjacent' and 'Hypotenuse', so use 'cos'</p> $\cos x = \frac{5}{7}$ $x = \cos^{-1}\left(\frac{5}{7}\right) = 44.4^\circ$

Block E



21. Exact Values for Angles in Trigonometry		0°	30°	45°	60°	90°
	sin	0	$\frac{1}{2}$	$\frac{\sqrt{2}}{2}$	$\frac{\sqrt{3}}{2}$	1
	cos	1	$\frac{\sqrt{3}}{2}$	$\frac{\sqrt{2}}{2}$	$\frac{1}{2}$	0
	tan	0	$\frac{1}{\sqrt{3}}$	1	$\sqrt{3}$	----



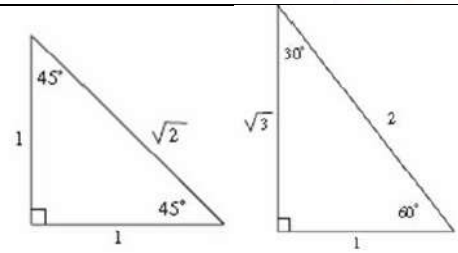
Topic/Skill	Definition/Tips	Example
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6. Compound Shape	A shape made up of a combination of other known shapes put together.	
7. Pythagoras' Theorem	<p>For any right angled triangle:</p> $a^2 + b^2 = c^2$  <p>Used to find missing lengths. a and b are the shorter sides, c is the hypotenuse (longest side).</p>	<p>Finding a Shorter Side</p>  <p>SUBTRACT!</p> <div style="border: 1px solid black; padding: 5px; width: fit-content;"> $a = y, b = 8, c = 10$ $a^2 = c^2 - b^2$ $y^2 = 100 - 64$ $y^2 = 36$ $y = 6$ </div>
8. 3D Pythagoras' Theorem	Find missing lengths by identifying right angled triangles .	Can a pencil that is 20cm long fit in a pencil tin with dimensions 12cm, 13cm and 9cm? The pencil tin is in the shape of a cuboid.



	You will often have to find a missing length you are not asked for before finding the missing length you are asked for.	<p>Hypotenuse of the base = $\sqrt{12^2 + 13^2} = 17.7$</p> <p>Diagonal of cuboid = $\sqrt{17.7^2 + 9^2} = 19.8\text{cm}$</p> <p>No, the pencil cannot fit.</p>
9. Trigonometry	The study of triangles .	
10. Hypotenuse	<p>The longest side of a right-angled triangle.</p> <p>Is always opposite the right angle.</p>	
11. Adjacent	Next to	
12. Trigonometric Formulae	<p>Use SOHCAHTOA.</p> $\sin \theta = \frac{O}{H}$ $\cos \theta = \frac{A}{H}$ $\tan \theta = \frac{O}{A}$ <p>When finding a missing angle, use the 'inverse' trigonometric function by pressing the 'shift' button on the calculator.</p>	<p>Use 'Opposite' and 'Adjacent', so use 'tan'</p> $\tan 35 = \frac{x}{11}$ $x = 11 \tan 35 = 7.70\text{cm}$ <p>Use 'Adjacent' and 'Hypotenuse', so use 'cos'</p> $\cos x = \frac{5}{7}$ $x = \cos^{-1}\left(\frac{5}{7}\right) = 44.4^\circ$

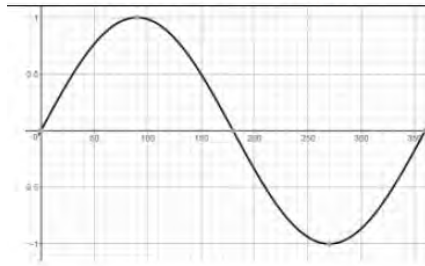


13. Exact Values for Angles in Trigonometry		0°	30°	45°	60°	90°
	sin	0	$\frac{1}{2}$	$\frac{\sqrt{2}}{2}$	$\frac{\sqrt{3}}{2}$	1
	cos	1	$\frac{\sqrt{3}}{2}$	$\frac{\sqrt{2}}{2}$	$\frac{1}{2}$	0
	tan	0	$\frac{1}{\sqrt{3}}$	1	$\sqrt{3}$	----

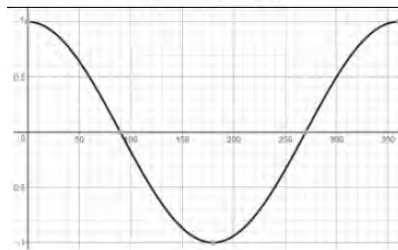


14. Graphs of Trigonometric Functions

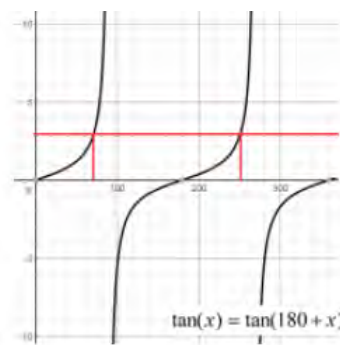
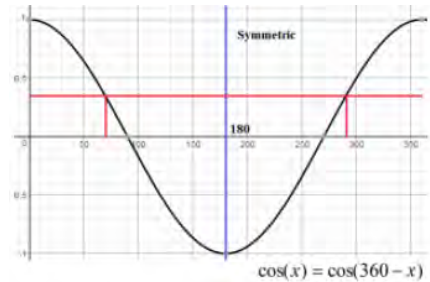
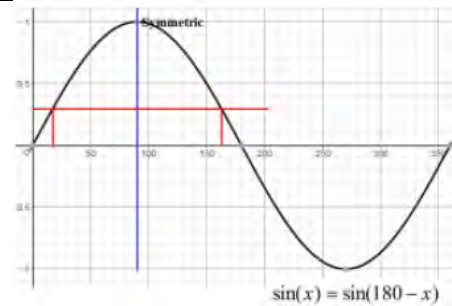
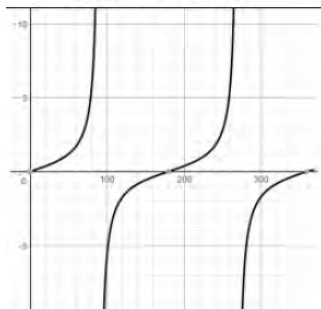
$y = \sin(x)$
for $0 \leq x \leq 360^\circ$



$y = \cos(x)$ for
 $0 \leq x \leq 360^\circ$



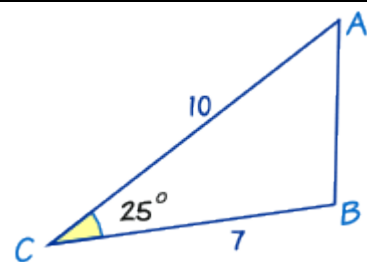
$y = \tan(x)$ for
 $0 \leq x \leq 360^\circ$



15. Area of a Triangle

Use when given the **length of two sides and the included angle.**

$$\text{Area of a Triangle} = \frac{1}{2} ab \sin C$$

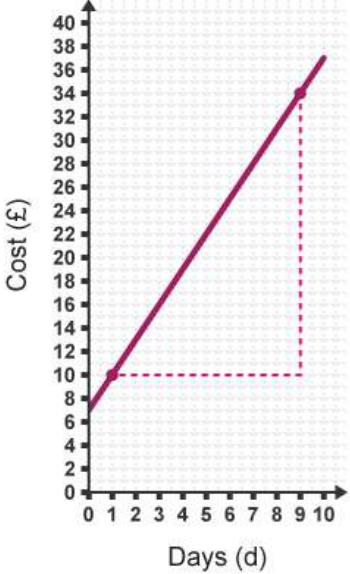
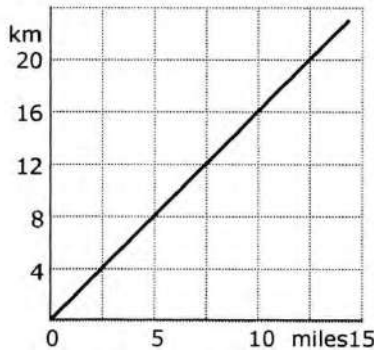


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		$A = \frac{1}{2}ab \sin C$ $A = \frac{1}{2} \times 7 \times 10 \times \sin 25$ $A = 14.8$
16. Prism	A prism is a 3D shape whose cross section is the same throughout.	
17. Cross Section	The cross section is the shape that continues all the way through the prism.	
18. Volume of a Prism	$V = \text{Area of Cross Section} \times \text{Length}$ $V = A \times L$	
19. Area of a Circle	$A = \pi r^2$ which means 'pi x radius squared'.	If the radius was 5cm, then: $A = \pi \times 5^2 = 78.5\text{cm}^2$
20. Circumference of a Circle	$C = \pi d$ which means 'pi x diameter'	If the radius was 5cm, then: $C = \pi \times 10 = 31.4\text{cm}$
21. π ('pi')	Pi is the circumference of a circle divided by the diameter. $\pi \approx 3.14$	
22. Arc Length of a Sector	The arc length is part of the circumference. Take the angle given as a fraction over 360° and multiply by the circumference .	$\text{Arc Length} = \frac{115}{360} \times \pi \times 8 = 8.03\text{cm}$
23. Area of a Sector	The area of a sector is part of the total area. Take the angle given as a fraction over 360° and multiply by the area .	$\text{Area} = \frac{115}{360} \times \pi \times 4^2 = 16.1\text{cm}^2$



Topic/Skill	Definition/Tips	Example
1. Writing Formulae	<p>Substitute letters for words in the question.</p>	<p>Bob charges £3 per window and a £5 call out charge.</p> $C = 3N + 5$ <p>Where N=number of windows and C=cost</p>
2. Substitution	<p>Replace letters with numbers.</p> <p>Be careful of $5x^2$. You need to square first, then multiply by 5.</p>	<p>$a = 3, b = 2$ and $c = 5$. Find:</p> <ol style="list-style-type: none"> $2a = 2 \times 3 = 6$ $3a - 2b = 3 \times 3 - 2 \times 2 = 5$ $7b^2 - 5 = 7 \times 2^2 - 5 = 23$
3. Real Life Graphs	<p>Graphs that are supposed to model some real-life situation.</p> <p>The actual meaning of the values depends on the labels and units on each axis.</p> <p>The gradient might have a contextual meaning.</p> <p>The y-intercept might have a contextual meaning.</p> <p>The area under the graph might have a contextual meaning.</p>	 <p>A graph showing the cost of hiring a ladder for various numbers of days.</p> <p>The gradient shows the cost per day. It costs £3/day to hire the ladder.</p> <p>The y-intercept shows the additional cost/deposit/charged (something not linked to how long the ladder is hired for). The additional cost is £7.</p>
4. Conversion Graph	<p>A line graph to convert one unit to another.</p> <p>Can be used to convert units (eg. miles and kilometres) or currencies (\$ and £)</p> <p>Find the value you know on one axis, read up/across to the conversion line and read the equivalent value from the other axis.</p>	<p>Conversion graph miles ↔ kilometres</p> 



$$8 \text{ km} = 5 \text{ miles}$$

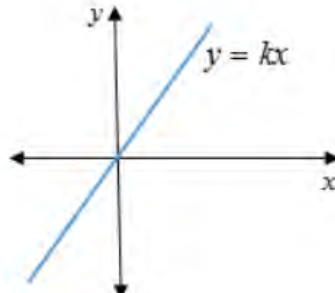
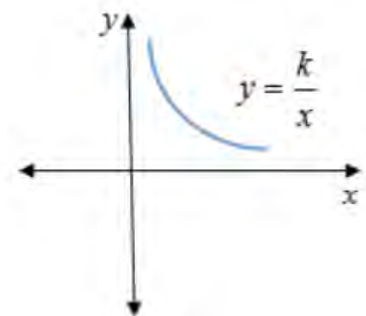
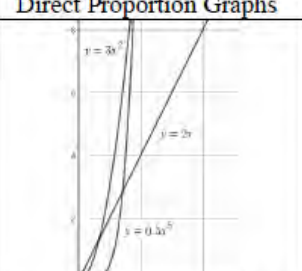
<p>5. Depth of Water in Containers</p>	<p>Graphs can be used to show how the depth of water changes as different shaped containers are filled with water at a constant rate.</p>	
<p>6. Linear Sequence</p>	<p>A number pattern with a common difference.</p>	<p>2, 5, 8, 11... is a linear sequence</p>
<p>7. Term</p>	<p>Each value in a sequence is called a term.</p>	<p>In the sequence 2, 5, 8, 11..., 8 is the third term of the sequence.</p>
<p>8. Term-to-term rule</p>	<p>A rule which allows you to find the next term in a sequence if you know the previous term.</p>	<p>First term is 2. Term-to-term rule is 'add 3' Sequence is: 2, 5, 8, 11...</p>
<p>9. nth term</p>	<p>A rule which allows you to calculate the term that is in the nth position of the sequence. Also known as the 'position-to-term' rule. n refers to the position of a term in a sequence.</p>	<p>nth term is $3n - 1$ The 100th term is $3 \times 100 - 1 = 299$</p>
<p>10. Finding the nth term of a linear sequence</p>	<p>1. Find the difference. 2. Multiply that by n. 3. Substitute $n = 1$ to find out what number you need to add or subtract to get the first number in the sequence.</p>	<p>Find the nth term of: 3, 7, 11, 15... 1. Difference is +4 2. Start with $4n$ 3. $4 \times 1 = 4$, so we need to subtract 1 to get 3. nth term = $4n - 1$</p>
<p>11. Fibonacci type sequences</p>	<p>A sequence where the next number is found by adding up the previous two terms</p>	<p>The Fibonacci sequence is: 1,1,2,3,5,8,13,21,34 ... An example of a Fibonacci-type sequence is: 4, 7, 11, 18, 29 ...</p>
<p>12. Geometric Sequence</p>	<p>A sequence of numbers where each term is found by multiplying the previous one by a number called the common ratio, r.</p>	<p>An example of a geometric sequence is: 2, 10, 50, 250 ... The common ratio is 5 Another example of a geometric sequence is: 81, -27, 9, -3, 1 ... The common ratio is $-\frac{1}{3}$</p>

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<p>13. Triangular numbers</p>	<p>The sequence which comes from a pattern of dots that form a triangle.</p> <p style="text-align: center;">1, 3, 6, 10, 15, 21 ...</p>	
<p>14. Ratio</p>	<p>Ratio compares the size of one part to another part.</p> <p>Written using the ‘:’ symbol.</p>	<p style="text-align: center;">3 : 1</p>
<p>15. Proportion</p>	<p>Proportion compares the size of one part to the size of the whole.</p> <p>Usually written as a fraction.</p>	<p>In a class with 13 boys and 9 girls, the proportion of boys is $\frac{13}{22}$ and the proportion of girls is $\frac{9}{22}$</p>
<p>16. Simplifying Ratios</p>	<p>Divide all parts of the ratio by a common factor.</p>	<p>$5 : 10 = 1 : 2$ (divide both by 5) $14 : 21 = 2 : 3$ (divide both by 7)</p>
<p>17. Ratios in the form $1 : n$ or $n : 1$</p>	<p>Divide both parts of the ratio by one of the numbers to make one part equal 1.</p>	<p>$5 : 7 = 1 : \frac{7}{5}$ in the form $1 : n$ $5 : 7 = \frac{5}{7} : 1$ in the form $n : 1$</p>
<p>18. Sharing in a Ratio</p>	<p>1. Add the total parts of the ratio. 2. Divide the amount to be shared by this value to find the value of one part. 3. Multiply this value by each part of the ratio.</p> <p>Use only if you know the total.</p>	<p>Share £60 in the ratio 3 : 2 : 1.</p> <p>$3 + 2 + 1 = 6$ $60 \div 6 = 10$ $3 \times 10 = 30, 2 \times 10 = 20, 1 \times 10 = 10$ £30 : £20 : £10</p>
<p>19. Proportional Reasoning</p>	<p>Comparing two things using multiplicative reasoning and applying this to a new situation.</p> <p>Identify one multiplicative link and use this to find missing quantities.</p>	
<p>20. Unitary Method</p>	<p>Finding the value of a single unit and then finding the necessary value by multiplying the single unit value.</p>	<p>3 cakes require 450g of sugar to make. Find how much sugar is needed to make 5 cakes.</p> <p>3 cakes = 450g So 1 cake = 150g (\div by 3) So 5 cakes = 750 g (\times by 5)</p>
<p>21. Ratio already shared</p>	<p>Find what one part of the ratio is worth using the unitary method.</p>	<p>Money was shared in the ratio 3:2:5 between Ann, Bob and Cat. Given that Bob had £16, found out the total amount of money shared.</p> <p>£16 = 2 parts So £8 = 1 part $3 + 2 + 5 = 10$ parts, so $8 \times 10 = £80$</p>



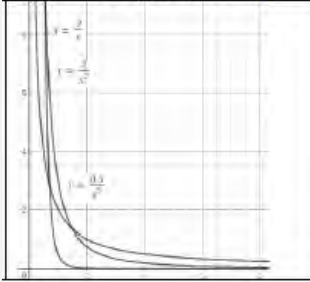
<p>22. Best Buys</p>	<p>Find the unit cost by dividing the price by the quantity. The lowest number is the best value.</p>	<p>8 cakes for £1.28 → 16p each (÷by 8) 13 cakes for £2.05 → 15.8p each (÷by 13) Pack of 13 cakes is best value.</p>
<p>23. Direct Proportion</p>	<p>If two quantities are in direct proportion, as one increases, the other increases by the same percentage.</p> <p>If y is directly proportional to x, this can be written as $y \propto x$</p> <p>An equation of the form $y = kx$ represents direct proportion, where k is the constant of proportionality.</p>	
<p>24. Inverse Proportion</p>	<p>If two quantities are inversely proportional, as one increases, the other decreases by the same percentage.</p> <p>If y is inversely proportional to x, this can be written as $y \propto \frac{1}{x}$</p> <p>An equation of the form $y = \frac{k}{x}$ represents inverse proportion.</p>	
<p>25. Using proportionality formulae</p>	<p>Direct: $y = kx$ or $y \propto x$</p> <p>Inverse: $y = \frac{k}{x}$ or $y \propto \frac{1}{x}$</p> <ol style="list-style-type: none"> Solve to find k using the pair of values in the question. Rewrite the equation using the k you have just found. Substitute the other given value from the question in to the equation to find the missing value. 	<p>p is directly proportional to q. When $p = 12$, $q = 4$. Find p when $q = 20$.</p> <ol style="list-style-type: none"> $p = kq$ $12 = k \times 4$ so $k = 3$ $p = 3q$ $p = 3 \times 20 = 60$, so $p = 60$
<p>26. Direct Proportion with powers</p>	<p>Graphs showing direct proportion can be written in the form $y = kx^n$</p> <p>Direct proportion graphs will always start at the origin.</p>	<p>Direct Proportion Graphs</p> 



27. Inverse Proportion with powers

Graphs showing **inverse proportion** can be written in the form $y = \frac{k}{x^n}$
 Inverse proportion graphs will never start at the origin.

Inverse Proportion Graphs






Topic/Skill	Definition/Tips	Example
1. Linear Sequence	A number pattern with a common difference .	2, 5, 8, 11... is a linear sequence
2. Term	Each value in a sequence is called a term.	In the sequence 2, 5, 8, 11..., 8 is the third term of the sequence.
3. Term-to-term rule	A rule which allows you to find the next term in a sequence if you know the previous term .	First term is 2. Term-to-term rule is 'add 3' Sequence is: 2, 5, 8, 11...
4. nth term	A rule which allows you to calculate the term that is in the nth position of the sequence. Also known as the 'position-to-term' rule. n refers to the position of a term in a sequence.	nth term is $3n - 1$ The 100 th term is $3 \times 100 - 1 = 299$
5. Finding the nth term of a linear sequence	1. Find the difference . 2. Multiply that by n . 3. Substitute $n = 1$ to find out what number you need to add or subtract to get the first number in the sequence .	Find the nth term of: 3, 7, 11, 15... 1. Difference is +4 2. Start with $4n$ 3. $4 \times 1 = 4$, so we need to subtract 1 to get 3. nth term = $4n - 1$
6. Fibonacci type sequences	A sequence where the next number is found by adding up the previous two terms	The Fibonacci sequence is: 1,1,2,3,5,8,13,21,34 ... An example of a Fibonacci-type sequence is: 4, 7, 11, 18, 29 ...
7. Geometric Sequence	A sequence of numbers where each term is found by multiplying the previous one by a number called the common ratio, r .	An example of a geometric sequence is: 2, 10, 50, 250 ... The common ratio is 5 Another example of a geometric sequence is: 81, -27, 9, -3, 1 ... The common ratio is $-\frac{1}{3}$
8. Quadratic Sequence	A sequence of numbers where the second difference is constant . A quadratic sequence will have a n^2 term.	 2 6 12 20 30 42 +4 +6 +8 +10 +12 +2 +2 +2 +2
9. nth term of a geometric sequence	ar^{n-1} where a is the first term and r is the common ratio	The nth term of 2, 10, 50, 250 Is $2 \times 5^{n-1}$
10. nth term of a quadratic sequence	1. Find the first and second differences. 2. Halve the second difference and multiply this by n^2 .	Find the nth term of: 4, 7, 14, 25, 40.. Answer:



	<p>3. Substitute $n = 1, 2, 3, 4 \dots$ into your expression so far.</p> <p>4. Subtract this set of numbers from the corresponding terms in the sequence from the question.</p> <p>5. Find the nth term of this set of numbers.</p> <p>6. Combine the nth terms to find the overall nth term of the quadratic sequence.</p> <p>Substitute values in to check your nth term works for the sequence.</p>	<p>Second difference = $+4 \rightarrow$ nth term = $2n^2$</p> <p>Sequence: 4, 7, 14, 25, 40 $2n^2$ 2, 8, 18, 32, 50 Difference: 2, -1, -4, -7, -10</p> <p>nth term of this set of numbers is $-3n + 5$</p> <p>Overall nth term: $2n^2 - 3n + 5$</p>
11. Triangular numbers	<p>The sequence which comes from a pattern of dots that form a triangle.</p> <p style="text-align: center;">1, 3, 6, 10, 15, 21 ...</p>	
12. Iteration	<p>The act of repeating a process over and over again, often with the aim of approximating a desired result more closely.</p> <p>Recursive Notation: $x_{n+1} = \sqrt{3x_n + 6}$</p>	$x_1 = 4$ $x_2 = \sqrt{3 \times 4 + 6} = 4.242640 \dots$ $x_3 = \sqrt{3 \times 4.242640 \dots + 6} = 4.357576 \dots$
13. Iterative Method	<p>To create an iterative formula, rearrange an equation with more than one x term to make one of the x terms the subject.</p> <p>You will be given the first value to substitute in, often called x_1.</p> <p>Keep substituting in your previous answer until your answers are the same to a certain degree of accuracy. This is called converging to a limit.</p> <p>Use the 'ANS' button on your calculator to keep substituting in the previous answer.</p>	<p>Use an iterative formula to find the positive root of $x^2 - 3x - 6 = 0$ to 3 decimal places.</p> $x_1 = 4$ <p>Answer:</p> $x^2 = 3x + 6$ $x = \sqrt{3x + 6}$ <p>So $x_{n+1} = \sqrt{3x_n + 6}$</p> $x_1 = 4$ $x_2 = \sqrt{3 \times 4 + 6} = 4.242640 \dots$ $x_3 = \sqrt{3 \times 4.242640 \dots + 6} = 4.357576 \dots$ <p>Keep repeating...</p> $x_7 = 4.372068 \dots = 4.372 \text{ (3dp)}$ $x_8 = 4.372208 \dots = 4.372 \text{ (3dp)}$ <p>So answer is $x = 4.372 \text{ (3dp)}$</p>
14. Standard Form	$A \times 10^b$ <p>where $1 \leq A < 10$, $b = \text{integer}$</p>	$8400 = 8.4 \times 10^3$ $0.00036 = 3.6 \times 10^{-4}$

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15. Multiplying or Dividing with Standard Form	Multiply: Multiply the numbers and add the powers. Divide: Divide the numbers and subtract the powers.	$(1.2 \times 10^3) \times (4 \times 10^6) = 8.8 \times 10^9$ $(4.5 \times 10^5) \div (3 \times 10^2) = 1.5 \times 10^3$
16. Adding or Subtracting with Standard Form	Convert in to ordinary numbers, calculate and then convert back in to standard form	$2.7 \times 10^4 + 4.6 \times 10^3$ $= 27000 + 4600 = 31600$ $= 3.16 \times 10^4$
17. Algebraic Fraction	A fraction whose numerator and denominator are algebraic expressions.	$\frac{6x}{3x-1}$
18. Adding/Subtracting Algebraic Fractions	For $\frac{a}{b} \pm \frac{c}{d}$, the common denominator is bd $\frac{a}{b} \pm \frac{c}{d} = \frac{ad}{bd} \pm \frac{bc}{bd} = \frac{ad \pm bc}{bd}$	$\frac{1}{x} + \frac{x}{2y}$ $= \frac{1(2y)}{2xy} + \frac{x(x)}{2xy}$ $= \frac{2y + x^2}{2xy}$
19. Multiplying Algebraic Fractions	Multiply the numerators together and the denominators together. $\frac{a}{b} \times \frac{c}{d} = \frac{ac}{bd}$	$\frac{x}{3} \times \frac{x+2}{x-2}$ $= \frac{x(x+2)}{3(x-2)}$ $= \frac{x^2 + 2x}{3x-6}$
20. Dividing Algebraic Fractions	Multiply the first fraction by the reciprocal of the second fraction. $\frac{a}{b} \div \frac{c}{d} = \frac{a}{b} \times \frac{d}{c} = \frac{ad}{bc}$	$\frac{x}{3} \div \frac{2x}{7}$ $= \frac{x}{3} \times \frac{7}{2x}$ $= \frac{7x}{6x} = \frac{7}{6}$
21. Simplifying Algebraic Fractions	Factorise the numerator and denominator and cancel common factors.	$\frac{x^2 + x - 6}{2x - 4} = \frac{(x+3)(x-2)}{2(x-2)} = \frac{x+3}{2}$
22. Ratio	Ratio compares the size of one part to another part. Written using the ':' symbol.	3 : 1 
23. Proportion	Proportion compares the size of one part to the size of the whole. Usually written as a fraction.	In a class with 13 boys and 9 girls, the proportion of boys is $\frac{13}{22}$ and the proportion of girls is $\frac{9}{22}$
24. Simplifying Ratios	Divide all parts of the ratio by a common factor.	$5 : 10 = 1 : 2$ (divide both by 5) $14 : 21 = 2 : 3$ (divide both by 7)
25. Ratios in the form 1 : n or n : 1	Divide both parts of the ratio by one of the numbers to make one part equal 1.	$5 : 7 = 1 : \frac{7}{5}$ in the form 1 : n $5 : 7 = \frac{5}{7} : 1$ in the form n : 1
26. Sharing in a Ratio	1. Add the total parts of the ratio.	Share £60 in the ratio 3 : 2 : 1.



	<p>2. Divide the amount to be shared by this value to find the value of one part.</p> <p>3. Multiply this value by each part of the ratio.</p> <p>Use only if you know the total.</p>	$3 + 2 + 1 = 6$ $60 \div 6 = 10$ $3 \times 10 = 30, 2 \times 10 = 20, 1 \times 10 = 10$ $\pounds 30 : \pounds 20 : \pounds 10$
27. Proportional Reasoning	<p>Comparing two things using multiplicative reasoning and applying this to a new situation.</p> <p>Identify one multiplicative link and use this to find missing quantities.</p>	
28. Unitary Method	<p>Finding the value of a single unit and then finding the necessary value by multiplying the single unit value.</p>	<p>3 cakes require 450g of sugar to make. Find how much sugar is needed to make 5 cakes.</p> <p>3 cakes = 450g So 1 cake = 150g (\div by 3) So 5 cakes = 750 g (\times by 5)</p>
29. Ratio already shared	<p>Find what one part of the ratio is worth using the unitary method.</p>	<p>Money was shared in the ratio 3:2:5 between Ann, Bob and Cat. Given that Bob had $\pounds 16$, found out the total amount of money shared.</p> <p>$\pounds 16 = 2$ parts So $\pounds 8 = 1$ part $3 + 2 + 5 = 10$ parts, so $8 \times 10 = \pounds 80$</p>
30. Best Buys	<p>Find the unit cost by dividing the price by the quantity.</p> <p>The lowest number is the best value.</p>	<p>8 cakes for $\pounds 1.28 \rightarrow 16\text{p}$ each (\div by 8) 13 cakes for $\pounds 2.05 \rightarrow 15.8\text{p}$ each (\div by 13)</p> <p>Pack of 13 cakes is best value.</p>
31. Direct Proportion	<p>If two quantities are in direct proportion, as one increases, the other increases by the same percentage.</p> <p>If y is directly proportional to x, this can be written as $y \propto x$</p> <p>An equation of the form $y = kx$ represents direct proportion, where k is the constant of proportionality.</p>	
32. Inverse Proportion	<p>If two quantities are inversely proportional, as one increases, the other decreases by the same percentage.</p> <p>If y is inversely proportional to x, this can be written as $y \propto \frac{1}{x}$</p>	



	An equation of the form $y = \frac{k}{x}$ represents inverse proportion.	
33. Using proportionality formulae	<p>Direct: $y = kx$ or $y \propto x$</p> <p>Inverse: $y = \frac{k}{x}$ or $y \propto \frac{1}{x}$</p> <ol style="list-style-type: none"> Solve to find k using the pair of values in the question. Rewrite the equation using the k you have just found. Substitute the other given value from the question in to the equation to find the missing value. 	<p>p is directly proportional to q. When $p = 12$, $q = 4$. Find p when $q = 20$.</p> <ol style="list-style-type: none"> $p = kq$ $12 = k \times 4$ so $k = 3$ $p = 3q$ $p = 3 \times 20 = 60$, so $p = 60$
34. Direct Proportion with powers	<p>Graphs showing direct proportion can be written in the form $y = kx^n$</p> <p>Direct proportion graphs will always start at the origin.</p>	<p>Direct Proportion Graphs</p>
35. Inverse Proportion with powers	<p>Graphs showing inverse proportion can be written in the form $y = \frac{k}{x^n}$</p> <p>Inverse proportion graphs will never start at the origin.</p>	<p>Inverse Proportion Graphs</p>